

January 24, 2024
Transiting the
Panama Canal

THE DAILY

Tonight's Dress:
Casual

Scenic Commentary

Join your Cruise & Travel Director Kimberly for scenic commentary as we transit the Panama Canal. Commentary can be heard in the Crow's Nest, all outside decks and the bow camera channel on your stateroom TV starting at 6:30a. Scenic commentary times are approximate and intermittent.



Scenic Cruising the Panama Canal

To help you make the most of your visit, the bow will be open beginning at 6:30a and can be found by following the signs on Deck 4, forward. Please ensure any loose articles are secure before you step outside. While outdoors, we recommend wearing sun screen and drinking plenty of water. All scenic cruising times are best estimates.

Burgers and Beer by the Pool

After a sun-soaked journey through the Panama Canal, chill down, unwind, and take it easy tonight. Savor one of Chef Neil's remarkable burgers paired with a refreshing beer available by the bucket loads. Enjoy live music as if you were right there in the heart of a bustling pub!



6:00p - 8:00p

Lido Poolside, 9

Today's Highlights

The Great Panama Deck Sale

With Local Entertainment.

9:00a - 2:00p

Lido Poolside, 9



Zuiderdam
GRAND
WORLD VOYAGE



Holland America Line®
SAVOR THE JOURNEY

Today's Activities & Promotions

*Arrival times at points of interest are approximate and subject to change.

2:00a	Ship's Clocks are Set 1 Hour Back	
6:30a	Access to the Bow via Deck 4	
6:30a	Panama Rolls, Orange Juice & Coffee are Available	Bow, 4 Crow's Nest, 10
6:30a	Binoculars Deck Sale until 8:00a	PROMOTION Bow, 4
7:00a	 Sunrise Stretch	Fitness Center, 9
7:30a	 Abs Class	Fitness Center, 9
7:35a	Zuiderdam Passes under the Atlantic Bridge*	
7:45a	Zuiderdam Enters the Gatun Locks*	
8:30a	 Total Body Conditioning	Fitness Center, 9
9:00a	 Coloring for Adults	Art Studio, 10
9:00a	 Guided Meditation \$20	Greenhouse Spa, 9
9:00a	Great Panama Deck Sale until 2:00p	PROMOTION Lido Poolside, 9
9:00a	Binoculars & Lanyards Deck Sale until 12:00p	PROMOTION Lido Poolside, 9
9:30a	 Watercolor Painting Class (Group Blue)	Kids Club, 10
9:30a	 Pathway to Yoga \$20	Fitness Center, 9
10:00a	 Costa Rica National Parks, Reserves, and Common Fauna of the Pacific Coast with Wildlife Expert Frederick Grant	World Stage, 2 & 3
10:00a	 Dance Class (Intermediate/Advanced): Waltz & Tango	Rolling Stone Lounge, 2
10:00a	 Bridge Instruction for Beginners (Progressive)	Hudson Room, 3
10:00a	Advanced Pickup Game of Pickleball	Sport Court, 11
10:00a	 Poker Tournament	Casino, 2
10:15a	Zuiderdam Exits the Gatun Locks*	
10:30a	Gento, the Jewelry Made for Him Event	PROMOTION Effy Boutique, 3
10:35a	Zuiderdam Enters the Gatun Lake*	
11:00a	 Cooking Demonstration with Guest Chef Maria Zamora Tres Leches & Chorreadas	Rolling Stone Lounge, 2
11:00a	 Intermediate Bridge	Hudson Room, 3
11:00a	Iced Water, Lemonade, Tropical Chilled Soup and Cold Face Towels are Served	Deck 3, Bow, 4 Deck 10
12:00p	 Complimentary Walk-In Medi-Spa Clinic	Greenhouse Spa, 9
12:15p	Zuiderdam Passes Gamboa & Enters the Culebra Cut*	
1:05p	Zuiderdam Passes the Centennial Bridge*	
1:00p	 Team Trivia Challenge	Billboard Onboard, 2
1:00p	Meet for a Game of Mahjong until 4:00p	Stuyvesant Room, 3
1:00p	International Beer Tasting \$15	PROMOTION Pinnacle Bar, 2
1:30p	 Watercolor Painting Class (Group Blue)	Kids Club, 10
1:30p	 Duplicate Bridge Play	Hudson Room, 3
1:35p	Zuiderdam Enters the Pedro Miguel Lock*	
2:00p	 Swim Across the Panama Canal	Sea View Pool, 9
2:00p	Iced Water, Lemonade, Chilled Fruit Skewers and Cold Face Towels are Served	Deck 3, Bow, 4 Deck 10
2:00p	 Walk-In Acupuncture Clinic	Greenhouse Spa, 9
2:00p	 \$1/\$2 No Limit Texas Hold'em Cash Game	Casino, 2
2:00p	Sapphire Birthstone Event	PROMOTION Effy Boutique, 3
2:30p	Zuiderdam Exits the Pedro Miguel Lock*	

 Hosted Event

 30 min

 45 min

 1 hr

2:30p	🕒 👤	Arts & Crafts: Pick Up: Charmed Sunglasses Leash (Group A)	Lido Market, 9 (portside)
3:00p		Today's Movie: The Tailor of Panama	World Stage, 2
3:00p		Zuiderdam Enters the Miraflores Locks*	
3:00p	🕒	Afternoon Tea is Served	Dining Room, 3
3:00p	🕒 👤	Dance Class (Beginners): Rumba & Swing	Rolling Stone Lounge, 2
3:00p	🕒 👤	Arts & Crafts: Pick Up: Charmed Sunglasses Leash (Group B)	Lido Market, 9 (portside)
3:30p		Watercolor Painting Class (Group Blue)	Kids Club, 10
3:30p	🕒 👤	Arts & Crafts: Pick Up: Charmed Sunglasses Leash (Group C)	Lido Market, 9 (portside)
4:00p	🕒 👤	Today's Trivia: Panama Canal	Billboard Onboard, 2
4:00p	🕒 👤	Creating Designs from Doodles	Art Studio, 10
4:00p	🕒 👤	Ballroom Dance Hour	Rolling Stone Lounge, 2
4:00p	🕒 👤	A Pickup Game of Pickleball	Sport Court, 11
4:00p		Premium Studio Photography PROMOTION	Portrait Studio, 2
4:20p		Zuiderdam Exits the Miraflores Locks*	
4:30p	🕒	Afternoon Stretch	Lido Poolside, 9
4:30p	🕒	Friends of Bill W. Meet	Stuyvesant Room, 3
4:30p		Connoisseur Wine Tasting: Cabernets and Hidden Gems PROMOTION	Pinnacle Bar, 2
4:50p		Zuiderdam Passes under the Bridge of the Americas*	
5:00p	🕒 👤	Origami Folding	Art Studio, 10
5:00p	🕒	PRIDE Meetup	Crow's Nest, 10
5:00p	🕒 👤	Mass is Celebrated	Hudson Room, 3
5:00p		Martini Hour at the Pinnacle Bar \$7 PROMOTION	Pinnacle Bar, 2
6:00p		Burgers & Beers by the Pool	Lido Poolside, 9
6:00p		Fuel bunkering to commence at Balboa anchorage*	
6:00p	🕒 👤	Footprint and Posture Analysis	Fitness Center, 9
6:30p	🕒 👤	Lightning Trivia	Billboard Onboard, 2
8:00p	🕒	\$1/\$2 No Limit Texas Hold'em Cash Game	Casino, 2
8:30p		Diamonds: Up to 50% Off PROMOTION	Effy Boutique, 3
9:30p	🕒	Over \$493,000 Paradise Lotto Jackpot Drawing	Casino, 2
11:30p	🕒	Stay and Play Slots All Night	Casino, 2

Tonight's Entertainment



7:30p & 9:30p
Today's Movie

THE TAILOR OF PANAMA

(Drama, R, 1 hour 49 minutes)

A tailor living in Panama reluctantly becomes a spy for a British Agent.

Popcorn available 30 minutes prior to showtime.

Rolling Stone LOUNGE

Rolling Stone Dance Party	Songwriter Session	Days of Disco
8:15p	9:15p	10:15p

billboard
onboard

The 1970s	The 1980s	All Requests
8:00p	9:00p	10:00p

OCEAN
BAR

**Third Avenue West Plays
Instrumental Music**
3:30p, 6:00p & 7:00p

EXPLORER'S LOUNGE

**String Trio
Returns Tomorrow**

Dining

DINING ROOM

CRUISING CLASSICS

Deck 2, aft

7:30a - 9:00a

12:00p - 1:00p

5:00p - 9:00p

CANALETTO ③

FRESH ITALIAN PASTA

Deck 9, mid

Opens Tomorrow

PINNACLE GRILL ③

STEAK AND SEAFOOD

Deck 2, mid

12:00p - 1:00p

5:00p - 9:00p

DIVE-IN

BURGERS, HOTDOGS & FRIES

Deck 9, mid

11:30a - 4:00p

LIDO MARKET

CASUAL DINING

Deck 9, mid

6:30a - 10:30a

11:30a - 2:00p *All Things Potatoes*

11:30a - 2:00p

2:00p - 4:00p*

5:30p - 8:00p

10:00p - 11:00p*

*select stations available

③ Cover charges apply

Drinks

Cocktails

Billboard Onboard, 2

10:00a - 12:00a

Ocean Bar, 3

10:00a - 11:30p

Lido Bar, 9

6:30a - 10:00p

Sea View Bar, 9

8:00a - 11:30p

Coffees, etc.

Crow's Nest Café, 10

5:00a - 10:00p

Pinnacle Bar, 2

7:00a - 10:00p

Whiskeys and such

Gallery Bar, 2

10:00a - close

3:30p - 4:30p, 6:00p - 7:00p

Happy Hour: 50% Discount on all Cocktails, Wine by the Glass, Beers and House Spirits

Billboard Onboard, 2 & Ocean Bar, 3

Guests age 21 and over are welcome to purchase and consume alcoholic beverages.

Proper identification is required, and guests will be asked to verify their age.

Services

Guest Services, 1

24 hours (Dial 90)

Room Service

24 hours (Dial 92)

Dinner Reservations

24 hours (Dial 88)

Pools, 9

7:00a - 9:00p

Hot Tubs, 9

8:00a - 10:00p

Medical Center, A Deck

9:00a - 12:00a

3:00p - 6:00p

Dial 99 for appointments.

Dial 911 for emergencies.

Future Cruises, 1

10:00a - 12:00p

2:00p - 5:00p

Port Shopping, 1

6:30p - 7:30p

Casino, 2

10:00a - late

The Shops, 2 & 3

10:00a - 10:00p

Photo Gallery, 3

9:00a - 10:00p

Spa & Salon, 9

8:00a - 9:30p (Dial 94)

Fitness Center, 9

6:00a - 9:00p

Shore Excursions, 10

10:00a - 12:00p

2:00p - 4:00p