

THE DAILY PROGRAM

SUNDAY

JANUARY 8, 2023
TRANSITING THE PANAMA CANAL
&
FUERTE AMADOR, PANAMA

ARRIVAL: 8:00P

TONIGHT'S ATTIRE: CASUAL

PANAMA CANAL COMMENTARY

Enjoy scenic commentary with your Cruise & Travel Director Ian as we transit the Panama Canal. Commentary can be heard in the Crow's Nest, Lido, the outside decks and on your stateroom TV (Bow Camera) starting at approximately 6:30a.

Scenic commentary times are approximate & subject to change.

TODAY'S HIGHLIGHTS



Scenic Narration through the Panama Canal

Starting at approx. 6:30a

Crow's Nest, 10

Lido, 9 and Deck 3



Ballroom Dance Hour

Ballroom music with your DJ Susana

4:00p & 8:00p

Ocean Bar, 3



Burgers and Beer

Put your feet up, you deserve it!

6:00p - 9:00p

Lido Midship, 9



Tonight's Trivia: Panama

Join Jessica for Panama trivia!

6:30p

Billboard Onboard, 2

Zuiderdam

GRAND

WORLD VOYAGE



Holland America Line®
SAVOR THE JOURNEY

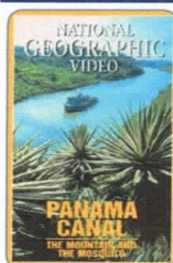
ACTIVITIES AT A GLANCE

*Times at points of interest are approximate and subject to change

2:00a	Ship's Clocks are Set 1 Hour Forward		
6:00a	Deck Sale: Panama Canal Souvenirs	PROMOTION	Lido Poolside, 9
6:30a	●	Scenic Narration Through Panama Canal	
6:30a	●	Panama Canal Rolls are Available	Crow's Nest, 10
6:30a	●	Panama Canal Rolls, Coffee and Juice are Available	Deck 3
6:30a	Zuiderdam Passes the Atlantic Bridge*		
7:00a	🕒 👤	Sunrise Stretch	Fitness Center, 9
7:00a	Zuiderdam Enters the Gatun Locks*		
7:00a	Panama Canal Photo Opportunity until 11:00a	PROMOTION	Lido Poolside, 9
7:30a	🕒 👤	Abs Class	Fitness Center, 9
9:00a	🕒 👤	Interdenominational Service	Stuyvesant Room, 3
9:10a	Zuiderdam Exits the Gatun Locks*		
9:30a	Zuiderdam Enters the Gatun Lake*		
10:00a	Try On a Piece of John Hardy	PROMOTION	The Shops, 3
10:00a	🕒 👤	Ping Pong Tournament	Lido Poolside, 9
10:00a	🕒 👤	Bridge for Beginners	Hudson Room, 3
10:00a	🕒	A Pickup Game of Pickleball	Sports Court, 11
10:00a	Poker Tournament	PROMOTION	Casino, 2
11:00a	🕒	Iced Water, Lemonade, Tropical Chilled Soup and Cold Face Towels are Served	Decks 3 & 10 Sea View Pool, 9
11:00a	🕒 👤	Intermediate Bridge Instruction	Hudson Room, 3
11:00a	Emerald Elegance: Showcase & Sale	PROMOTION	The Shops, 3
11:55a	Zuiderdam Passes Gamboa & Enters the Culebra Cut*		
12:45p	Zuiderdam Passes the Centennial Bridge*		
1:00p	🕒 👤	Creative Writing Class	Rolling Stone Lounge, 2
1:05p	Zuiderdam Enters the Pedro Miguel Lock*		
1:55p	Zuiderdam Exits the Pedro Miguel Lock*		
2:00p	🕒	Iced Water, Lemonade, Tropical Chilled Soup and Cold Face Towels are Served	Decks 3 & 10 Sea View Pool, 9
2:00p	●	Meet for a Game of Mah Jongg until 5:00p	Crow's Nest, 10
2:00p	● 👤	Duplicate Bridge	Hudson Room, 3
2:20p	Zuiderdam Enters the Miraflores Locks*		
2:30p	🕒 👤	Shuffleboard Tournament	Shuffleboard Court, 10
3:00p	🕒	Dutch Afternoon Tea is Served	Dining Room, 3
3:30p	Zuiderdam Exits the Miraflores Locks*		
3:30p	🕒 👤	Aqua Aerobics with your Sports Director Spencer	Lido Pool, 9

ENTERTAINMENT AND EVENTS

MOVIES



10:00a
**Panama Canal:
The Mountain and
the Mosquito**
Documentary
53 minutes
Mainstage, 2 & 3



11:00a
Big, Bigger, Biggest
Documentary
45 minutes
Mainstage, 2 & 3

MUSIC WALK



8:15p
9:15p
10:15p



8:30p
9:30p
10:30p



6:00p
7:00p
9:00p

LATER TODAY & TONIGHT

4:00p	Zuiderdam Passes the Bridge of the Americas*	
4:00p	Team Trivia Challenge	<i>Billboard Onboard, 2</i>
4:00p	Friends of Bill W. Meet	<i>The Loft, 10</i>
4:00p	Ballroom Dance Hour	<i>Ocean Bar, 3</i>
4:30p	<i>King of Color: Colored Diamond Sale</i> PROMOTION	<i>The Shops, 3</i>
4:30p	Team Pictionary Challenge	<i>Gallery Bar, 2</i>
4:30p	Coloring for Adults	<i>Encounters Room, 10</i>
5:00p	Mass is Celebrated	<i>Hudson Room, 3</i>
5:00p	Martini Hour at the Pinnacle Bar \$7	<i>Pinnacle Bar, 2</i>
6:00p	<i>Footprint & Posture Analysis</i> PROMOTION	<i>Fitness Center, 9</i>
6:00p	Burgers and Beer Put your feet up, you deserve it!	<i>Lido Midship, 9</i>
6:30p	Tonight's Trivia: Panama	<i>Billboard Onboard, 2</i>
7:00p	<i>Art Event: Art and Bubbles Hour</i> PROMOTION	<i>Art Gallery, 2</i>
7:30p	A Game of Phase 10	<i>Crow's Nest, 10</i>
8:00p	Ballroom Dance Hour	<i>Ocean Bar, 3</i>
8:30p	Jenga Tournament	<i>Crow's Nest, 10</i>
9:00p	Cocktails with Comedian Steven Scott	<i>Ocean Bar, 3</i>

DINING

DINING ROOM

Cruising Classics

Deck 2, aft
7:30a - 9:00a
12:00p - 1:00p
5:00p - 9:00p



Italian for Sharing

Deck 9, midship
5:00p - 9:00p

pinnacle
GRILL

Steak & Seafood

Deck 2, midship
12:00p - 1:00p
5:00p - 9:00p

Lido Market

Caribbean Dinner

Deck 9, midship
6:00a - 6:30a Continental
6:30a - 10:00a
11:30a - 2:00p
2:00p - 4:00p Select Stations
5:30p - 9:00p
10:30p - 11:30p



Burgers & Dogs

Deck 9, midship
11:30a - 5:00p

Deck 9, midship
6:00p - 9:00p Burgers & Beer

DRINKS

Cocktails

Ocean Bar, 3
10:00a - close

Coffee, Tea & more

Explorations Café, 10
6:00a - 10:00p

Whiskeys and such

Gallery Bar, 2
9:00a - close

Happy Hour: 25% Discount on Beers

12:00p - 1:00p Lido Bar, 9 and Sea View Bar, 9

Happy Hour: 50% Discount on Cocktails, Beers, Wine by the Glass and House Spirits

4:00p - 5:00p Billboard Onboard, 2 Ocean Bar, 3 Sea View Bar, 9 Crow's Nest, 10
6:30p - 7:30p Billboard Onboard, 2 Ocean Bar, 3 Sea View Bar, 9 Crow's Nest, 10

SERVICES

Guest Services, 1
24 hours (Dial 90)

Room Service
24 hours (Dial 92)

Dinner Reservations
24 hours (Dial 88)

Pools, 9
7:00a - 9:00p

Hot Tubs, 9
9:00a - 10:00p

Casino, 2
9:00a - 7:30p

Art Gallery, 2
10:00 - 2:00p
6:00p - 9:00p

The Shops, 3
9:00a - 7:00p

Future Cruises, 1
8:00a - 1:00p
2:00p - 7:00p

Photo Gallery, 3
9:00a - 10:00p

Port Shopping Concierge, 1
7:00p - 8:00p

Greenhouse Spa & Salon, 9
8:00a - 10:00p

Fitness Center, 9
6:00a - 9:00p

Shore Excursions, 10
10:00a - 12:00p
2:00p - 5:00p

Medical Center, A Deck
By Appointment (Dial 99)
Emergencies (Dial 911)