THE DAILY PROGRAM SUNDAY

JANUARY 29, 2023 AT SEA

TONIGHT'S ATTIRE: CASUAL

SATELLITE CONNECTIVITY

While we strive to provide you with the best possible service, internet speeds may be slower and TV channels may be lost without warning, due to satellite interruptions.

TODAY'S HIGHLIGHTS



Coffee with Ian
Get to know our
Hotel General Manager Henk
9:00a
Rolling Stone Lounge, 2



Mixology Class \$15 Learn how to make classic cocktails! 3:00p Pinnacle Bar, 2



Today's Trivia: General Knowledge 4:00p Billboard Onboard, 2



Ballroom Dance Hour Ballroom music with your DJ Jessica 8:00p Crow's Nest, 10

Zuiderdam

GRAND WORLD VOYAGE



ACTIVITIES AT A GLANCE

7:00a		
7.00a	● Sunrise Stretch	Lido Poolside, 9
7:30a	① & Abs Class	Fitness Center, 9
8:00a	Mass is Celebrated	Hudson Room, 3
8:00a	■ Lai Chi for Everyone	Lido Poolside, 9
8:30a	Pure Form Pilates \$20	Fitness Center, 9
9:00a	Coffee with lan Get to know our Hotel General Manager Henk	Rolling Stone Lounge, 2
9:00a	● ♣ How to Paint with Watercolor also at 10:30a	Club HAL, 10
9:00a	Interdenominational Service	Stuyvesant Room, 3
9:30a	■ Land Total Body Conditioning \$20	Fitness Center, 9
9:30a	① 	Ocean Bar, 3
10:00a	Port Talk: Gisborne and Wellington	Mainstage, 2 & 3
10:00a		Crow's Nest, 10
10:00a	● ♣ Intermediate Pickleball Advanced at 11:00a	Sports Court, 11
10:00a	Poker Tournament also at 2:00p	Casino, 2
10:00a	Sit, Knit, Needlework & Project Linus	Ocean Bar, 3
10:00a	Bridge for Beginners Intermediate at 11:00a	Hudson Room, 3
10:00a	Ball Watch Showcase PROMOTION	The Shops, 3
10:30a	Effy Outlet Sale: Up to 60% Off PROMOTION	The Shops, 3
11:00a	■ A Game of Balderdash	Crow's Nest, 10
11:00a	Health Seminar: Increasing Your Metabolism PROMOTION	Fitness Center, 9
12:30p	♠ Cruise & Travel Director Desk Hours	Crow's Nest, 10
1:00p	Q&A with Guest Lecturer Dr. Bruce Nocita	Explorer's Lounge, 2
1:00p	Team Trivia Challenge	
		Crow's Nest, 10
1:00p	Creative Writing Class	Crow's Nest, 10 Rolling Stone Lounge, 2
1:00p 2:00p	→ Creative Writing Class Health Seminar: Relieving Back Pain PROMOTION	Negacione and Commentaria
		Rolling Stone Lounge, 2
2:00p	Health Seminar: Relieving Back Pain PROMOTION	Rolling Stone Lounge, 2 Fitness Center, 9
2:00p 2:00p	Health Seminar: Relieving Back Pain PROMOTION Relieve Back, Neck and Shoulder Pain Naturally PROMOTION	Rolling Stone Lounge, 2 Fitness Center, 9 Explorer's Lounge, 2
2:00p 2:00p 2:00p	Health Seminar: Relieving Back Pain PROMOTION Relieve Back, Neck and Shoulder Pain Naturally PROMOTION Line Dance Class	Rolling Stone Lounge, 2 Fitness Center, 9 Explorer's Lounge, 2 Rolling Stone Lounge, 2
2:00p 2:00p 2:00p 2:30p	Health Seminar: Relieving Back Pain PROMOTION Relieve Back, Neck and Shoulder Pain Naturally PROMOTION Line Dance Class Arts & Crafts: Lampwork Necklace (Group A)	Rolling Stone Lounge, 2 Fitness Center, 9 Explorer's Lounge, 2 Rolling Stone Lounge, 2 Lido Portside, 9
2:00p 2:00p 2:00p 2:30p 3:00p	Health Seminar: Relieving Back Pain PROMOTION Relieve Back, Neck and Shoulder Pain Naturally PROMOTION Line Dance Class Arts & Crafts: Lampwork Necklace (Group A) Afternoon Tea is Served	Rolling Stone Lounge, 2 Fitness Center, 9 Explorer's Lounge, 2 Rolling Stone Lounge, 2 Lido Portside, 9 Dining Room, 3
2:00p 2:00p 2:00p 2:30p 3:00p	Health Seminar: Relieving Back Pain PROMOTION Relieve Back, Neck and Shoulder Pain Naturally PROMOTION Line Dance Class Arts & Crafts: Lampwork Necklace (Group A) Afternoon Tea is Served Classic Games Day 4: Ping Pong Bounce	Rolling Stone Lounge, 2 Fitness Center, 9 Explorer's Lounge, 2 Rolling Stone Lounge, 2 Lido Portside, 9 Dining Room, 3 Lido Poolside, 9
2:00p 2:00p 2:00p 2:30p 3:00p 3:00p	Health Seminar: Relieving Back Pain PROMOTION Relieve Back, Neck and Shoulder Pain Naturally PROMOTION Line Dance Class Arts & Crafts: Lampwork Necklace (Group A) Afternoon Tea is Served Classic Games Day 4: Ping Pong Bounce Street Art; From Banksy to Mr. Brainwash	Rolling Stone Lounge, 2 Fitness Center, 9 Explorer's Lounge, 2 Rolling Stone Lounge, 2 Lido Portside, 9 Dining Room, 3 Lido Poolside, 9 Rolling Stone Lounge, 2
2:00p 2:00p 2:00p 2:30p 3:00p 3:00p 3:00p	Health Seminar: Relieving Back Pain PROMOTION Relieve Back, Neck and Shoulder Pain Naturally PROMOTION Line Dance Class Arts & Crafts: Lampwork Necklace (Group A) Afternoon Tea is Served Classic Games Day 4: Ping Pong Bounce Street Art; From Banksy to Mr. Brainwash EFFY Connoisseur Club Raffle	Rolling Stone Lounge, 2 Fitness Center, 9 Explorer's Lounge, 2 Rolling Stone Lounge, 2 Lido Portside, 9 Dining Room, 3 Lido Poolside, 9 Rolling Stone Lounge, 2 The Shops, 3
2:00p 2:00p 2:00p 2:30p 3:00p 3:00p 3:00p 3:00p	Health Seminar: Relieving Back Pain PROMOTION Relieve Back, Neck and Shoulder Pain Naturally PROMOTION Line Dance Class Arts & Crafts: Lampwork Necklace (Group A) Afternoon Tea is Served Classic Games Day 4: Ping Pong Bounce Street Art; From Banksy to Mr. Brainwash EFFY Connoisseur Club Raffle Mixology Class \$15	Rolling Stone Lounge, 2 Fitness Center, 9 Explorer's Lounge, 2 Rolling Stone Lounge, 2 Lido Portside, 9 Dining Room, 3 Lido Poolside, 9 Rolling Stone Lounge, 2 The Shops, 3 Pinnacle Bar, 2
2:00p 2:00p 2:00p 2:30p 3:00p 3:00p 3:00p 3:00p 3:00p	Health Seminar: Relieving Back Pain PROMOTION Relieve Back, Neck and Shoulder Pain Naturally PROMOTION Line Dance Class Arts & Crafts: Lampwork Necklace (Group A) Afternoon Tea is Served Classic Games Day 4: Ping Pong Bounce Street Art; From Banksy to Mr. Brainwash EFFY Connoisseur Club Raffle Mixology Class \$15 Design Your Own Metal Photo Prints PROMOTION	Rolling Stone Lounge, 2 Fitness Center, 9 Explorer's Lounge, 2 Rolling Stone Lounge, 2 Lido Portside, 9 Dining Room, 3 Lido Poolside, 9 Rolling Stone Lounge, 2 The Shops, 3 Pinnacle Bar, 2 Photo Gallery, 3

ENTERTAINMENT AND EVENTS

PRESENTATIONS

The Best Lecture Series At Sea on Mainstage



11:00a **Geologic Hazards - I** with Dr. Bruce Nocita



2:00p Kia Ora: Maori Language & New Zealand History with Dr. Woodman

PERFORMANCES



7:00p & 9:30p ON MAINSTAGE: ENCORE!

The hits of Stage and Screen with Zuiderdam's singers and dancers.

Mainstage, 2 & 3

MUSIC WALK



7:30p

8:30p

10:00p

RollingStone LOUNGE 8:00p

9:00p

10:00p



3:30p

6:30p

8:00p

LATER TODAY & TONIGHT

4:00p		Billboard Onboard, 2
4:00p	Friends of Bill W. Meet	Stuyvesant Room, 3
4:30p		Crow's Nest, 10
4:30p	♠ Afternoon Stretch	Fitness Center, 9
5:00p	Martini Hour at the Pinnacle Bar \$7	Pinnacle Bar, 2
5:00p	Have Your Casual Portrait Taken until 10:00p PROMOTION	Deck 2
6:00p	Grand World Voyage Collection Presentation PROMOTION	The Shops, 3
7:30p	A Game of Mexican Train Dominoes	Crow's Nest, 10
8:00p	Ballroom Dance Hour	Crow's Nest, 10
8:30p	Cocktail Chat with The Biddy's	Ocean Bar, 3
8:30p	▲ A Game of UNO	Crow's Nest, 10
11:00p	♠ \$449,000 Paradise Lotto Jackpot Drawing	Casino, 2

DINING ROOM

Cruising Classics

Deck 2, αft 8:00a - 9:30a 12:00p - 1:00p 5:00p - 9:00p



Deck 9, midship 5:00p - 9:00p **§**



Steak & Seafood

Deck 2, midship 12:00p - 1:00p **3** 5:00p - 9:00p **3**



Burgers & Dogs

Deck 9, midship 11:30a - 6:00p

Lido Market

Casual Dining

Deck 9, midship

6:00a - 6:30a Continental

6:30a - 10:00a

11:30a - 2:00p

2:00p - 4:00p Select Stations

5:30p - 8:00p 10:30p - 11:30p

DRINKS

Cocktails

Ocean Bar, 3 10:00a - close Coffee, Tea & more

Explorations Café, 10 6:00a - 10:00p Whiskeys and such

Gallery Bar, 2 9:00a - close

Happy Hour: 25% Discount on Beers

12:00p - 1:00p Lido Bar, 9 and Sea View Bar, 9

Happy Hour: 50% Discount on Cocktails, Beers, Wine by the Glass and House Spirits

4:00p - 5:00p Billboard Onboard, 2 Ocean Bar, 3 Sea View Bar, 9 Crow's Nest, 10 6:30p - 7:30p Billboard Onboard, 2 Ocean Bar, 3 Sea View Bar, 9 Crow's Nest, 10 10:00p - 11:00p Billboard Onboard, 2 Ocean Bar, 3 Sea View Bar, 9

Guests age 21 and over are welcome to purchase and consume alcoholic beverages.

Proper identification is required, and guests will be asked to verify their age.

SERVICES

Guest Services, 1 24 hours (Dial 90)

Room Service 24 hours (Dial 92)

Dinner Reservations 24 hours (Dial 88)

Pools, 9 7:00a - 9:00p

Hot Tubs, 9 8:00a - 10:00p Future Cruises, 1

8:00a - 12:00p 2:00p - 7:00p

Casino, 2 9:00a - late

Art Gallery, 2 10:00a - 2:00p 6:00p - 9:00p

The Shops, 3

Photo Gallery, 3

9:00a - 10:00p

Greenhouse Spa & Salon, 9

8:00a - 10:00p

Fitness Center, 9

6:00a - 9:00p

Shore Excursions, 10

9:00a - 12:00p 2:00p - 5:00p

Medical Center, A Deck By Appointment (Dial 99)

Emergencies (Dial 911)