

# THE DAILY PROGRAM

# WEDNESDAY

AUGUST 24, 2022

AT SEA

TONIGHT'S ATTIRE: DRESSY

## EXC TALK: Travels to Scandinavia

Come and join your Cruise & Travel Director for an EXC Talk where we will look at the fascinating Scandinavian research done on what actually makes people happy. From societal factors such as health and good governance to the modern day concept of hggae come hear this interesting talk in Routes to Happiness and you just might pick up useful tips.

10:00am, *World Stage, 2 & 3*

## TODAY'S HIGHLIGHTS



### Win a Cruise & Jackpot Bingo

Win a Cruise Bingo - 11:30am

Final Jackpot Bingo - 3:30pm

Tickets on sale at 10:30am & 2:30pm

*B.B. King's Blues Club, 2*



### Ask The Captain

11:00am

*World Stage, 2 & 3*



### Meet the Artists of Billboard Onboard

3:00pm

*World Stage, 2 & 3*



### Music Trivia with the Rolling Stone Rock Room Band

4:00pm

*Rolling Stone Rock Room, 2*



Holland America Line®  
SAVOR THE JOURNEY

# ACTIVITIES AT A GLANCE

2:00a	Ship's Clocks Are Set 1 Hour Back	
7:00a	Towel Animal Zoo	Lido Poolside, 9
7:30a	Tai Chi for Everyone	Lido Poolside, 9
7:30a	Abs Class	Fitness Center, 9
8:00a	RYDE Indoor Cycling \$20	Fitness Center, 9
8:00a	Mass is Celebrated	B.B. King's Blues Club, 2
9:00a	Morning Chat with your Cruise & Travel Director	Explorations Central, 12
9:00a	Premium Portrait Studio <span>PROMOTION</span>	Black Label Studio, 3
9:30a	Gifts of Love Clearance Event <span>PROMOTION</span>	The Shops, 3
9:30a	Merabella Mimosa Mornings with Effy <span>PROMOTION</span>	The Shops, 2
9:30a	Stretch & Release	Fitness Center, 9
10:00a	A Pickup Game of Pickleball	Sports Court, 11
10:00a	On Deck For A Cause	Grand Dutch Café, 3
10:00a	Party Bridge Play Until 12:00p	Main Dining Room, 3
10:00a	Meet for a Game of Mahjong Until 12:00p	Main Dining Room, 3
10:30a	Bingo Tickets On Sale 10:30a & 2:30p <span>PROMOTION</span>	B.B. King's Blues Club, 2
10:30a	Relieve Back Pain with Acupuncture <span>PROMOTION</span>	Greenhouse Spa, 9
11:00a	Fragrances Starting From \$29.99 <span>PROMOTION</span>	The Shops, 2
11:00a	Ask The Captain	World Stage, 2 & 3
11:00a	Detox for Health & Weight Loss	Fitness Center, 9
11:30a	Win a Cruise Bingo	B.B. King's Blues Club, 2
11:30a	Diamonds: Up to 50% Off <span>PROMOTION</span>	The Shops, 2
12:30p	EHNY Designer Jewelry Showcase <span>PROMOTION</span>	The Shops, 2
1:00p	International Beer Tasting \$15	Ocean Bar, 2
2:00p	What Goes Around Comes Around Showcase <span>PROMOTION</span>	The Shops, 3
2:00p	Save Up to 40% Off Swiss Watches <span>PROMOTION</span>	The Shops, 2
2:00p	James Suckling's Great Wines of the World \$39	Rudi's Sel De Mer, 2
2:00p	Party Bridge Play Until 4:00pm	Explorations Central, 12
2:00p	Painting Class \$25	The Studio, 2
2:00p	Dale Degroff Mixology Class: Cruise favorites - Watch your Head Mixologist Alvin create the three most requested cocktails of your cruise!	Lido Poolside, 9
2:00p	Ladies Pamper Party <span>PROMOTION</span>	Greenhouse Spa, 9
2:00p	Happy Hour until 4:00p <span>PROMOTION</span>	Lido Pool Bar, 9
2:30p	Acupuncture & Chinese Herbal Medicine <span>PROMOTION</span>	Ocean Bar, 2
3:00p	Complimentary Fine Jewelry Cleaning <span>PROMOTION</span>	The Shops, 2
3:00p	Afternoon Tea is Served	Main Dining Room, 3
3:00p	Winemaker for a Day	Blend, 2
3:00p	Dale DeGross Mixology Class: Bartender's Choice Cocktail \$15	Billboard Onboard, 2
3:00p	Relieve Knee Pain	Fitness Center, 9
3:00p	Meet the Artists of Billboard Onboard	World Stage, 2 & 3
3:30p	Final Jackpot Bingo	B.B. King's Blues Club, 2
3:45p	Ocean Bar Band Plays: 3:45, 4:45, 6:15 & 7:15p	Ocean Bar, 2
4:00p	Paradise Lotto Jackpot Drawing 4:00p & 11:00p	Casino, 3
4:00p	Music Trivia with: Rolling Stone Rock Room Band	Rolling Stone Rock Room, 2



# ENTERTAINMENT AND EVENTS

## PRESENTATIONS

The Best Lecture Series At Sea on World Stage



10:00a  
**EXC Talk:**  
Travels to  
Scandinavia -  
Routes to Happiness



9:00a & 2:00p  
**Guest Lecturer:**  
**Michael Douglas**  
9:00a Weather Forecasts  
(Reprise)  
2:00p Scientists

## MOVIES



6:30p - **Doctor Strange**  
(Action, Rated PG-13, 2 Hours, 6 Minutes).  
Strange conducts a series of experiments on the unusual artifact in an effort to learn the intricacies of time itself. However, when a powerful foe, in the guise of a friendly face, thwarts Strange's experiments, the sorcerer finds himself freeing a sinister force that wreaks havoc across the dimensions of time and space. *Lido Poolside, 9*

## PERFORMANCES



7:30p, 9:30p  
**STEP ONE DANCE COMPANY**  
**PRESENTS: IN TANDEM**

*World Stage, 2 & 3*

## MUSIC WALK



2:00p & 6:00p  
**British Isles**  
5:00p  
**Violin & Piano**  
**Duo Recital**



8:30, 9:30,  
**B.B. King's**  
**All-Stars**  
10:15p  
**Dance to the Hits**



Never #1's  
8:15p  
**Hot 100**  
9:45p  
**All Request**  
11:15p



9:00, 10:30p  
**The Rolling Stone**  
**Rock Room Band**  
  
**Music Trivia**  
4:00p

## TONIGHT

5:00p		Islay Whiskey Tasting \$75	Notes, 2
5:00p		Friends of Bill W. Meet	The Studio, 2
5:00p		Dressy Night Portrait Studios <b>PROMOTION</b>	Atrium, 2
6:30p		Today's Trivia: General Knowledge	Billboard Onboard, 2
7:00p		Yellow Diamond Spectacular <b>PROMOTION</b>	The Shops, 2
8:00p		Scratch Cards <b>PROMOTION</b>	Casino, 3
8:30p		Pictionary Challenge	Explorations Central, 12

# DINING

DINING ROOM

Cruising Classics

Deck 2, aft  
8:00am - 9:30am  
12:00pm - 1:00pm  
5:15pm - 9:00pm

Canaletto

Italian for Sharing

Deck 9, mid  
5:00pm - 9:00pm

pinnacle  
GRILL

Steak & Seafood

Deck 2, mid  
12:00pm - 1:00pm  
5:00pm - 9:00pm

TAMARIND

Pan-Asian Cuisine

Deck 10, aft  
5:00pm - 9:00pm

NAMI | SUSHI

Sushi á la Carte

Deck 10, aft  
5:00pm - 9:00pm

Rudi's  
- SEL DE MER -

French Seafood Brasserie

Deck 2, mid  
5:00pm - 9:00pm

Lido Market

Casual Dining

Deck 9, mid  
7:00am - 10:30am  
11:30pm - 2:00pm  
2:00pm - 4:00pm\*  
5:30pm - 8:00pm  
10:30pm - 11:30pm

DIVE IN

Burgers & Dogs

Deck 9, mid  
11:30am - 6:00pm

NEW YORK  
DELI & PIZZA

Bagels, Pizza & More

Deck 10, mid  
7:30am - 10:30am  
11:30am - 11:00pm

Select Stations\*

# DRINKS

Cocktails  
Ocean Bar, 2  
10:00am - Late

Coffee, Tea & more  
Grand Dutch Café, 3  
Explorations Central, 12  
6:30am - 9:00pm

Whiskeys and such  
Notes, 2  
5:00pm - Late

**Happy Hour:** 25% off of the second drink of select cocktails, wine by the glass, beers and entry level spirits between 4:00 pm to 5:00 pm in Ocean Bar, 2 and Billboard Onboard, 2, Rolling Stone Rock Room, 2 & Casino Bar, 3.

**Martini Time:** 5:00pm - 11:00pm Panorama Bar, 10

# SERVICES

Guest Services, 3  
24 hours (Dial 90)

Room Service  
24 hours (Dial 92)

Dinner Reservations  
24 hours (Dial 88)

Pools & Hot Tubs, 9  
9:00am - 9:00pm

Shore Excursions, 12  
9:00am - 12:00pm  
2:00pm - 5:00pm

Future Cruises, 3  
9:00am - 12:00pm  
2:00pm - 6:00pm

The Shops, 2 & 3  
9:00am - 10:30pm  
Greenhouse Spa & Salon, 9  
8:00am - 10:00pm  
Casino, 3  
9:00am - late  
Photo Gallery, 3  
9:00am - 10:00pm