

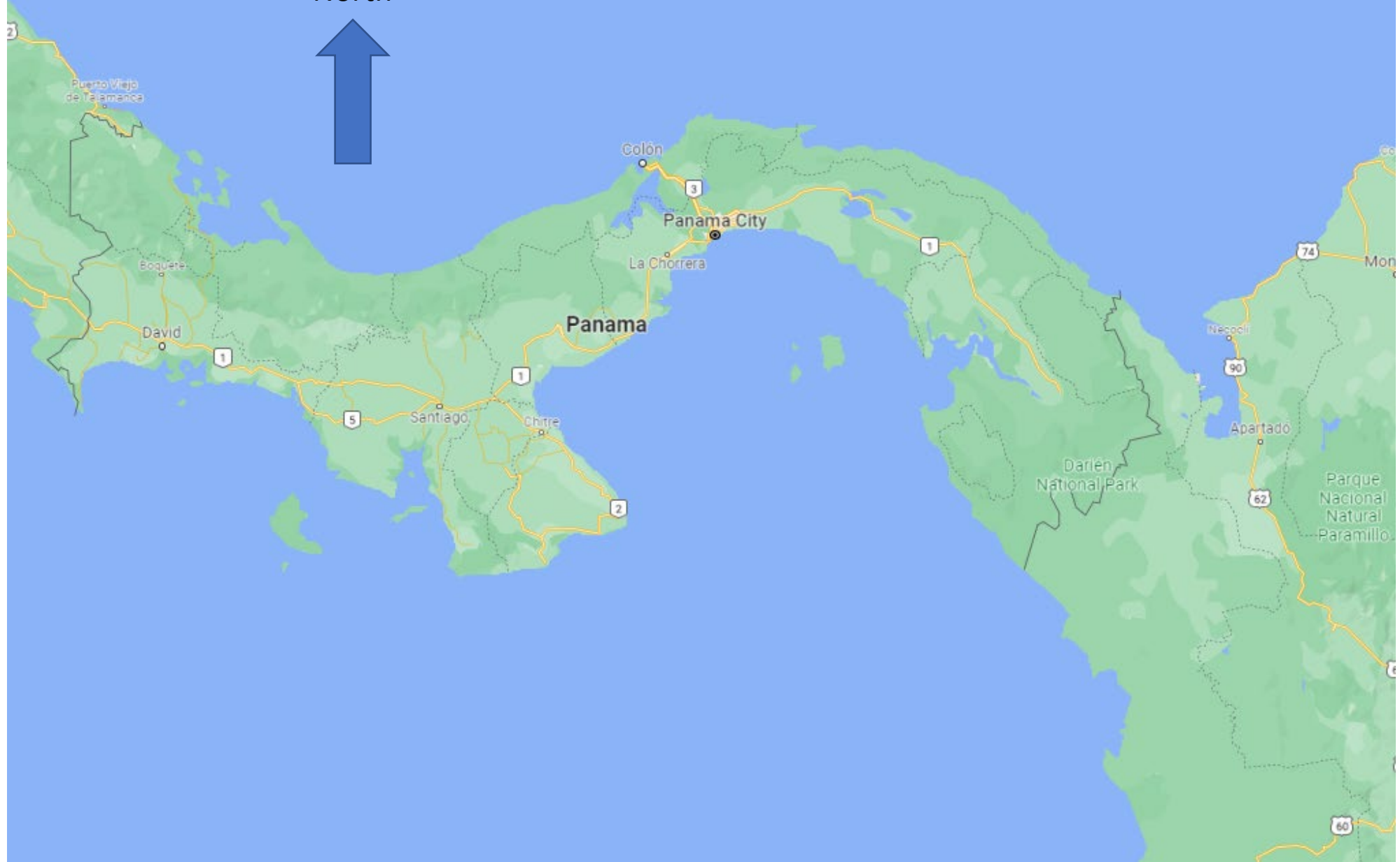
2023 Grand World Cruise  
ZOOM Meet and Greet  
26 October 2021  
Fuerte Amador, Panama







North







# Fuerte Amador

- Tender Port
  - Arrive 8 pm January 8<sup>th</sup>
  - Depart 5 pm January 9<sup>th</sup>
- Tenders will probably run until 11 PM first day – restart at 6 AM
- Lots of shops and restaurants at Tender pier



Milaflores  
Visitor Center

Multiplaza  
Mall  
Free Shuttle – 25  
min drive

Albrook Mall

Ancon Hill

Old Town

Tender Pier

Fuerte Amador  
Resort & Marina





# Essentials

- Money
  - Balboa is official currency, but it only has coins – Paper money is USD
- VISA – Not required for USA Citizens
- Safety – Normal Precautions
- Internet – Widespread
- Cell Service – All major providers
- Taxis – No Meters – Cash only – Negotiate fare in advance
  - Take picture of taxi license plate before getting in
  - No tipping – round up
- Uber is avail - \$5 to go to Albroom Mall
- Last Major City until Auckland











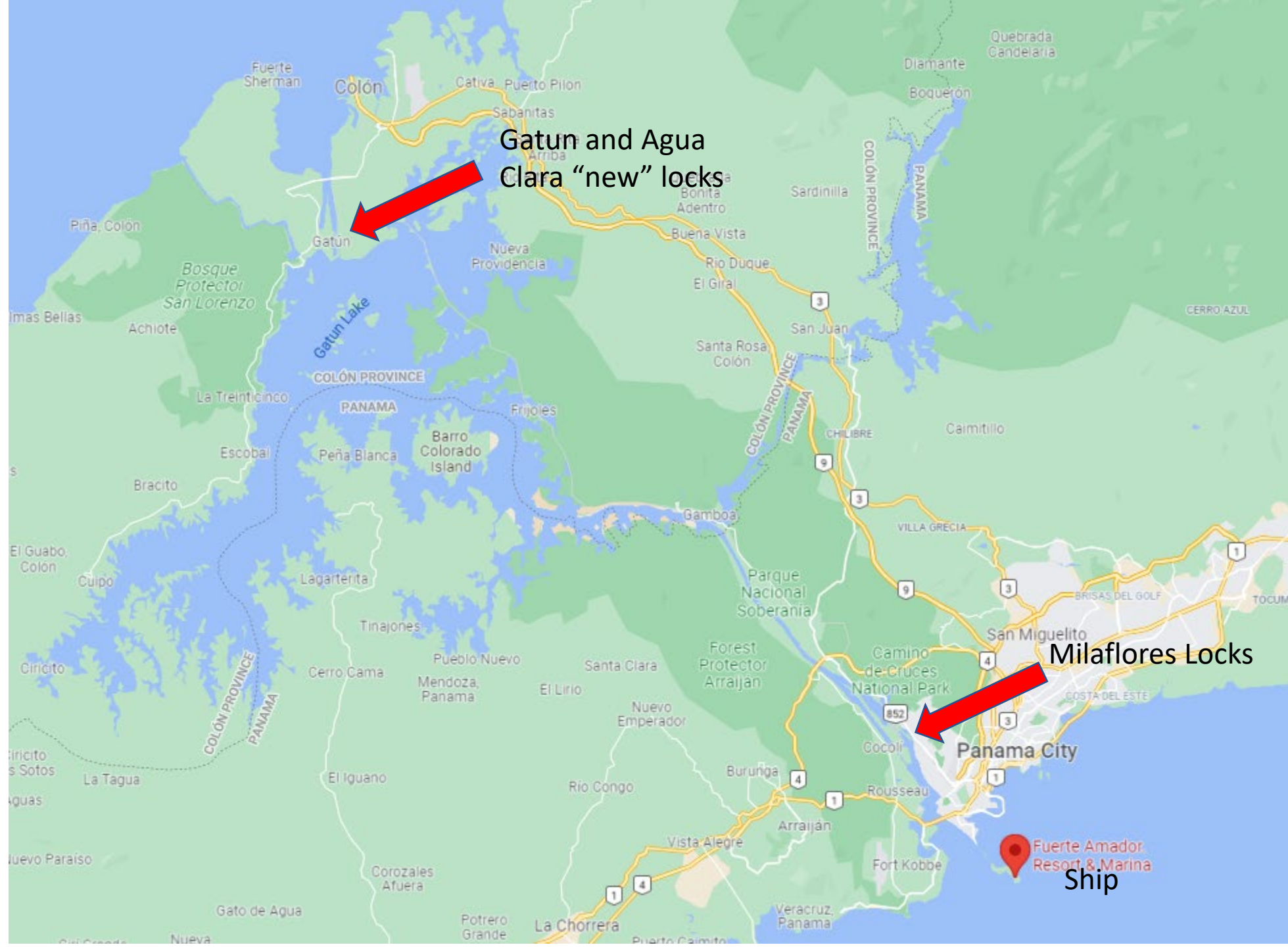
# Things to do

- Milaflores Visitors Center
- Agua Clara (New Locks) viewing point
- Old Town
- Multiplaza or Albrook Mall
- BioMuseo
  - Natural History Museum
- HoHo bus appears to be gone – for now
- Shop at Tender Landing



Martha Brae Bamboo Raft Tour





Gatun and Agua  
Clara “new” locks

Milaflores Locks

Ship



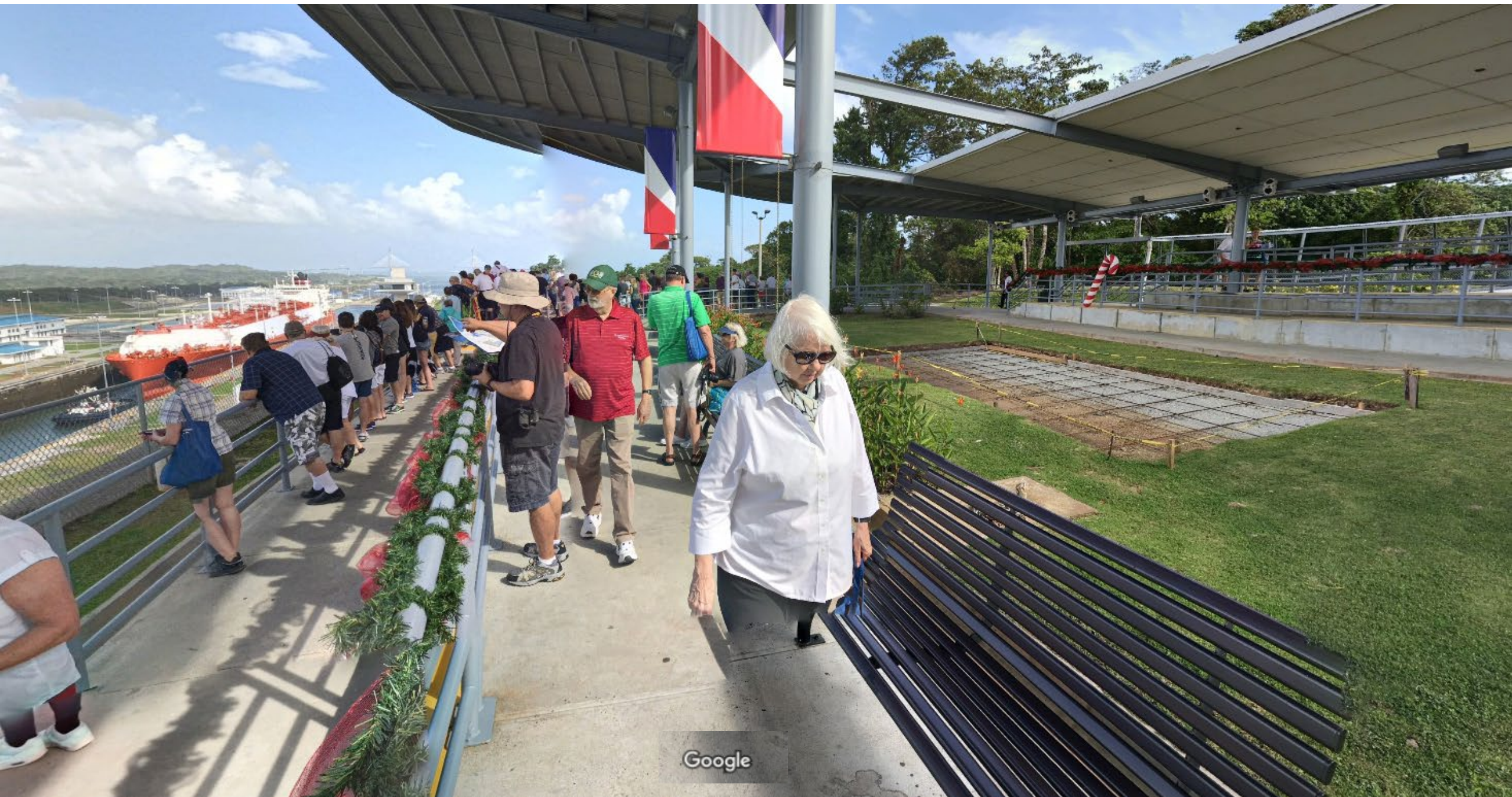




New Locks  
Viewing Area

Agua Clara Locks  
Visitor Center













# Food to try

- Guacho
  - Similar to Risotto
- Carimañola
  - Yucca Balls stuffed with ground meat
- Sancocho
  - Broth, Vegetables and Chicken
- Ceviche
- Ropa Vieja
  - Shredded beef is simmered with tomato sauce and rice
- No me olvides
  - Ice Cream Parfait on a biscuit





# Shopping

- Traditional Guna Yala attire
- Panama Jersey
- Panamanian Rum - Abuelo
- Local Coffee
- Mola
- Woven Embera basket
- Diablico Sucio mask
- Panama Hat (from Ecuador)
- Local Handicrafts



Traditional Guna Yala attire



Diablico Sucio mask



Mola



Embera basket



# HAL Tours

- Tours to Milflores or new locks
- City Tours

Lots of private options  
Easy to meet operators

