SATURDAY Day 29: February 1, 2020 Weather: Light Rain, 2°C/36°F Sunrise: 4:33am Sunset: 10:25pm

THE HOLLAND AMERICA LINE ANTARCTIC EXPERIENCE DAY 3 - PLANNED CALLS

Lemaire Channel Errera Channel Charlotte Bay

Arrival at points of interest is subject to change due to weather, visibility and ice conditions.

Reserved seating in any of the viewing areas is discouraged. Seats unoccupied for longer than 10 minutes will be considered open for seating.

ACCESS TO THE BOW

Weather and seas permitting, we will provide access to the forward observation deck during the day. To access the bow please use the Lower Promenade doors on Deck 3, forward.

Tonight's Dress: Smart Casual

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TIME	ACTIVITY
6:00am	Pastries, Orange Juice & Coffee are Available until
	9:00am
1	Atrium, 3 & Crow's Nest, 9
7:00am	Functional Stretch followed by Abs Class
	Fitness Center, 8
8:00am	Scenic Narration
	Outside Decks, Crow's Nest, 9 & Channel 41 on Television
	Times are approximate
	Sit and Be Fit Ocean Bar, 5
	Mass is Celebrated Wajang Theater, 4
	Pathway to Yoga
	Fitness Center, 8
9:00am	Shore Excursions Desk Open until 12:00pm
9:00am	Shore Excursions, 4
	Morning Devotions
	Piano Bar, 5
	Indoor Cycling
	Fitness Center, 8
	Winter Warmer Deck Sale, Starting from \$10
	The Shops, 5
	Charm of the Day: Gift Box
	The Shops, 5
9:30am	Hot Chocolate & Espresso Diamonds
	The Shops, 5
10:00am	Antarctic Glacial Ice Forms with Jason Kelley
	exc nature
	The Mainstage, 4 & 5
	Sit, Knit, Needlework, Project Linus & More
	Explorer's Lounge, 5
10:30am	Hungarian Beef Goulash is Served
	Outside Decks & All Bars
11:00am	A Captain's Journey: Available for Sale
	The Shops, 5
	\$60 Texas Hold'em Tournament
See Shire	Casino, 5
12:00pm	Scenic Narration
	Outside Decks, Crow's Nest, 9 & Channel 41 on Television Times are approximate
	Ask Your EXC Guide until 1:00pm
	Crow's Nest, 9
	Single & Solo Travelers Meet for Lunch
	Dining Room, 4
	1

1:00pm	Meet for a Game of Chess Explorations Café, 5		
	Watercolor Painting Instruction King's Room, 5		
	Duplicate Bridge Play Dining Room, 5		
	Back Pain Relief Piano Bar, 5		
1:30pm	Mahjong & Game Players Meet until 3:00pm Hudson Room, 5		
2:00pm	Deal of the Day: HAL Tumblers for only \$9.95 The Shops, 5		
	\$1/\$2 No Limit Texas Hold'em Cash Game Casino, 5		
2:30pm	Bouillon is Served Outside Decks & All Bars		
	Antarctic Penguin Plunge Seaview Bar, 8		
3:00pm	EXPLORER'S LOUNGE	ADAGIO Also performing at 6:00pm, 7:00pm and 8:15pm	
	Today's Movie: Whiteout (Action/Crime/Horror, R, 1 hour 41 minutes)		
	U.S. Marshal Carrie Stetko tracks a killer in Antarctica, as the sun is about to set for six months. Wajang Theater, 4		
	Future Cruises Consultants Available until 5:00pm Future Cruises, 5		
	Tea is Served Dining Room, 4		
3:30pm	Ask Your EXC Guide until 4:30pm Crow's Nest, 9		
4:00pm	Scenic Narration Outside Decks, Crow's Nest, 9 & Channel 41 on Television Times are approximate		
	Friends of Bill W. Meet Club Hal, 9, Port Side, Aft		
	Pure-Form Pilates \$12 Fitness Center, 8		
	Happy Hour Ocean Bar, 5, Crow's Nest, 9 and Sea View Bar, 8		
4:30pm	Today's Trivia: General Knowledge Ocean Bar, 5		
	OCEAN BAR	OCEAN QUARTET RETURNS TOMORROW	
5:00pm	Total Body Conditioning Fitness Center, 8		
	Spotlight On: Disney Watches by Citizen Collection The Shops, 5		
6:00pm	Three for \$15 Martini Sampling Casino Bar, 5		
6:30pm	CROW'S NEST	STATION BAND Also performing at 8:30pm, 10:00pm and 11:00pm	

6-30pm	Happy Hour Ocean Bar, 5, Crow's Nest, 9 and Sea View Bar, 8		
7:00pm	Today's Movie: Whiteout (Action/Crime/Horror, R, 1 hour 41 minutes) Wajang Theater, 4		
	Guess the Carat Weight of the Pariba The Shops, 5		
7-50pm	Ref	HE RUNAROUND KIDS turns to the stage with a whole new low. e Mainstage, 4 & 5	
	PIANO BAR DI	ANO BAR ENTERTAINER ANE SLAGLE o performing 8:30pm - evening	
8-30pm	\$1/\$2 No Limit Texas Hold'em Cash Game Casino, 5		
9:30pm	Today's Movie: Whiteout (Action/Crime/Horror, R, 1 hour 41 minutes) Wajang Theater, 4		
	Ret	HE RUNAROUND KIDS turns to the stage with a whole new ow. e Mainstage, 4 & 5	
	Traveler's Tales and Happy Hour at Base Camp Get up-close and personal with the Expedition Team and hear their inside scoop. Crow's Nest, 9		
10:30pm	\$465,000 Paradise Lotto Drawing Casino, 5		
™:30pm	Stay & Play Slots All Night Casino, 5		
-	D		

Crow's Nest, 9

be rebroadcast on your stateroom TV, channel 27. Photography and/or recording of any kind is strictly prohibited during our lectures and resentations.

Dance to the Hits

145pm

INTERNET CONNECTION IN ANTARCTICA

Please be informed while sailing in Antarctica waters, we often experience intermittent connection from our Satellite System.

There will be times we will have reduced or no internet services when outside the satellite foot print or based on ship's location or ship's heading. Vessel connectivity will be restored as soon as the Amsterdam is back inside the satellite foot print or has different heading.