



The HERALD

FRIDAY November 30, 2018
CRUISING THE PACIFIC OCEAN
The dress for tonight is Formal after 6:00p



WEATHER

Overcast
Wind: S'yly 20 – 30 knots
High: 62° F / 17° C
Sunrise: 6:14a

Sunset: 9:09p

Captain Alexander Golubev

Alexander Golubev started his career in 1977 as a sailor onboard the sea-tug Statnyi in the Laptev Sea (Arctic Ocean), where he gained his first sea going and ice-navigating experience. He later attended both the Odessa Marine College and Odessa Marine Academy, completing his marine studies in 1989.

Captain Alexander became an Officer in 1980 and in 1987 he began working onboard passenger ships as the Chief Officer. Today with more than 23 years being in command of various cruise ships sailing worldwide and over 120 voyages to the Antarctic, Arctic and Greenland, Captain Alexander is a highly experienced mariner. This means that he possesses very good management, navigational and ship-handling skills. He is also a highly experienced Ice Master and an expert of Polar Regions and has an instinctive feel for the unique requirements of expedition cruising - which are quite different from the normal cruise industry. In addition he is well familiar with the luxury cruise ship product, which market niche calls for a different range of management skills and responses to client needs.

The dress for tonight in
The Restaurant, Deck 4, is Formal:
Tuxedo, suit or slacks and jacket for gentlemen
Evening gown or other formal apparel for ladies.
In other dining venues, guests are welcome in
Elegant Casual attire

A Conversation with Port Expert Geoff DeVito
Chile Shaped By the Sea: An Introduction
9:45a Grand Salon, Deck 6

Meet the Expedition Team
Join your Expedition Leader Ignacio 'Iggy' Rojas
as he introduces your Expedition Team.
11:00a Grand Salon, Deck 6

Destinations Port and Tour Talk with Chris Clarke
Join Destinations Manager Chris and find out what awaits
in Puerto Montt and Castro.
2:30p Grand Salon, Deck 6

A Conversation with
Dr. Saskia Coulson & Colin Tennant :
The Art of Seeing
An introduction to photography with focus on natural light and
composition.
3:45p Grand Salon, Deck 6
Expedition Staff Available
3:00p - 5:00p Deck 7 Aft & Observation Bar, Deck 10

Binocular Clinic
10:00a - 11:00a on Deck 7 Aft

Antarctica Q&A Desk
3:00p - 5:00p Seabourn Square, Deck 7

Kayak Try-Out
3:00p - 5:00p Deck 5 Aft

Your family and friends can follow your voyage with our daily blog at:
<https://my.yb.tl/seabournexpeditions>

TONIGHT PRE-DINNER

Captain's Welcome Reception

Meet Captain Alexander Golubev and his Senior Officers and
have an opportunity to dance with the Officers of the Seabourn
Quest.

6:30p Grand Salon, Deck 6
(doors open at 6:15p)

TONIGHT'S ENTERTAINMENT

Starlite Club

An elegant show with a fresh take on nostalgia with Jazz & Swing
Standards, featuring our talented cast of
singers and dancers.

9:45p Grand Salon, Deck 6

Today at a Glance

- 9:00a **Yoga*** The Spa, Deck 9
An invigorating, active yoga that strengthens and energizes. *Class incurs a nominal fee.
- 9:45a **A Conversation with Geoff DeVito: Chile Shaped By the Sea: An Introduction** Grand Salon, Deck 6
- 10:00a **Beginners Bridge Lesson with Mary & Harry** Card Room, Deck 7
- 10:00a **Eyewear Event** The Boutique, Deck 7
Highlighting our selection of designer sunglasses including Maui Jim, Bulgari, Prada, Gucci. Let us help you get ready for Antarctica with our extra protective Block sunglasses.
- 10:30a **Dance Class with Oleg & Uliana** The Club, Deck 5
- 10:30a **Baggo - Prize Game** The Retreat, Deck 11
- 11:00a  **Meet the Expedition Team** Grand Salon, Deck 6
Join your Expedition Leader Ignacio 'Iggy' Rojas, as he introduces your Expedition Team.
- 11:00a **Intermediate Bridge with Mary & Harry** Card Room, Deck 7
- 12:00p **Team Trivia with Jan & Jessica** The Club, Deck 5
Teams of up to 10 people
- 1:00p **Ionithermie Seminar** The Spa, Deck 9
Feeling sluggish? Slow Metabolism? Ionithermie offers a safe and effective treatment to give you the results you deserve.
- 2:00p - 4:00p **Duplicate & Social Bridge Play with Mary & Harry** Card Room, Deck 7 *Those taking part in Duplicate Bridge should be prepared to stay for the full session.
- 2:30p **Destinations Port and Tour Talk with Chris Clarke** Grand Salon, Deck 6
Join Chris and find out what exciting adventures await us in the upcoming destinations of Puerto Montt and Castro.
- 2:30p **Informative Seminar: Tanzanite** The Jewelry Boutique, Deck 7
Our jewelry specialist Vladimir explains all about tanzanite, a rare gemstone celebrated by the specialists as the "gemstone of the 20th Century"
- 3:00p **Wellness Seminar: Detox for Health and Weight Loss** The Spa, Deck 9
- 3:30p **Shuffleboard - Prize Game** The Retreat, Deck 11
- 3:45p  **Dr. Saskia Coulson & Colin Tennant: The Art of Seeing** Grand Salon, Deck 6
- 4:00p **Needlepoint & Craft Social with Assistant Cruise Director Jessica** Observation Bar, Deck 10
Bring a project you're working on, share ideas and natter over a cup of tea.
- 4:00p - 5:00p **Afternoon Tea Time** Observation Bar, Deck 10
- 6:00p **Sabbath Service with Rabbi Miriyam Glazer & Rabbi Anthony Elman** Card Room, Deck 7
- 6:30p - 8:00p **Pre-Dinner Moods with The Trio** The Club, Deck 5
- 6:30p  **CAPTAIN'S WELCOME RECEPTION** Grand Salon, Deck 6
Meet Captain Alexander Golubev and his Senior Officers and have an opportunity to dance with the Officers of the Seabourn Quest.
- 6:45p - 7:45p **Piano Melodies with Deborah** Observation Bar, Deck 10
- 9:15p - 11:00p **After - Dinner Grooves with The Trio** The Club, Deck 5
- 9:30p - mn **Piano Melodies with Deborah** Observation Bar, Deck 10
- 9:45p  **SHOWTIME: THE STARLITE CLUB** Grand Salon, Deck 6
Featuring our talented cast of singers and dancers.
- 11:00p - late **Dance Hits with The Band and Anne** The Club, Deck 5



FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Dinner	7:00p - 9:00p

The Colonnade, Deck 8

Breakfast	8:00a - 10:30a
Lunch, Wrap & Roll	12:00p - 2:00p
Dinner, Italian	7:00p - 9:00p

The Grill by Thomas Keller, Deck 8

6:00p - 9:00p
by Reservation only, please dial 9 or visit The Grill during opening hours

The Patio, Deck 8

Lunch, Al Fresco	(weather permitting) 12:30p - 3:30p
Dinner, Earth & Ocean	(weather permitting) 7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p/8:00p - 10:00p
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Observation Bar, Deck 10

Early Risers	6:15a - 8:00a/4:00p - mn
Sky Bar, Deck 9	(weather permitting) 12:00p - 6:30p
Patio Bar, Deck 8	(weather permitting) 10:00a - 10:00p
Grand Salon, Deck 6	6:15p - 7:00p/9:15p - 10:30p
The Club, Deck 5	6:30p - close

SERVICES

Boutique & Collection, Deck 7

10:00a - 10:00p

Spa & Wellness with Dr. Andrew Weil, Deck 9

8:00a - 10:00p

Fitness Center, Deck 9

6:00a - 10:00p

Daily Mindful Theme

Gratitude

Cruise Sales, Deck 7

10:00a - 12:00p / 2:00p - 5:00p

Book onboard and save 5%

Destination Services, Deck 7

9:00a - 12:00p/3:00p - 6:00p

Casino, Deck 5

Slots	All day
Tables	3:00p - 5:00p
Bonus Offer - Buy \$25 worth of scratch cards and get a FREE \$5 scratch card!	6:30p - 8:00p/9:00p - close

Medical Center, Deck 3 fwd

9:00a - 12:00a/4:00p - 6:00p
For urgent medical attention 24 hours a day, please dial 911

SHOPPING WITH THE CHEF IN PUERTO MONTT, DECEMBER 1

Executive Chef Chris Graham will be shopping in the local markets of Puerto Montt in the morning of December 1. If you would like to accompany Chef Chris, please sign up through Guest Services, ext. 9, as space is limited.