



# The HERALD

WEDNESDAY November 28, 2018  
CRUISING THE PACIFIC OCEAN  
The dress for tonight is Elegant Casual



## WEATHER

Partly cloudy  
Wind: SW'ly 15 – 20 knots  
High: 70° F / 21° C  
Sunrise: 6:41a

Sunset: 8:35p

## Executive Chef Christopher Graham

Born to a family of hoteliers and Chefs, Christopher spent his early years growing up in the Middle East and being exposed to a variety of international flavours and the region's well known high levels of hospitality. Christopher started his cooking career back in his home city of London as a trainee chef whilst finishing his cooking diploma. Following this he worked for an array of 5 Star Hotels, Michelin starred Restaurants and high profile properties in Dubai and London including Atlantis the Palm, Burj Al Arab, Madinat Jumierah and the world's tallest building, the Burj Khalifa. Christopher was also the Executive Chef for The Lord Mayor of London at the Mansion House, executing high profile functions for royalty and members of parliament, including the Prime Minister. Christopher also has a wealth of experience in international cooking competitions, having won the coveted Parade De Chefs at Hotelympia, London with the Jumierah Culinary Team. He is also proud to have represented the UAE at the Culinary World Cup in Luxembourg, the famous San Pellegrino Young Chef of the year competition in Venice and also at Foodasia, Singapore. In 2013, Christopher was awarded the title of Time Out Dubai's 'Young Chef of the Year'.



## SPECIAL FOOD & BEVERAGE EVENT

### Market Lunch

Join Chef Chris and the entire Food and Beverage department for a truly memorable culinary event.

12:30p - 2:30p The Colonnade, Deck 8

## PASSPORT HANDOUT FOR GUESTS DISEMBARKING IN SAN ANTONIO, CHILE ON NOVEMBER 29th

11:00a-12:00p Hospitality Desk, Seabourn Square, Deck 7

## PRE-DINNER MUSIC:

### Swinging Melodies with The Band

Join us for cocktails and swinging melodies with The Band

6:30p – 7:15p The Club, Deck 5



## Ventures by Seabourn

### A Conversation with Juan Jose Apestegui:

#### The Life of a Hummingbird

By their beauty, intense activity, powers of flight and association with bright flowers, Hummingbirds are fascinating, let's learn more about them.

9:45a Grand Salon, Deck 6

### A Conversation with Fulton Armstrong

#### How Good an Intelligence Analyst Are You?

Step into the intelligence analyst's shoes and learn about analytical tradecraft that can change the way you view problems.

Explore what motivates a good intelligence officer.

11:00a Grand Salon, Deck 6



## Ventures by Seabourn

### A Conversation with Jennifer Fought:

#### The Great Chilean Earthquake

How the biggest earthquake in history hit Chile and shook the world.

2:30p Grand Salon, Deck 6

### Workshop with David Smith:

#### Creative Travel Photography

Unlock the creative potential of any camera or device. You will learn depth of field, shutter speed, ISO, flash and HDR techniques and apps for your camera/device in this fun workshop. Bring your camera and accessories. Workshop handouts supplied!

3:45p The Club, Deck 5

## TONIGHT'S ENTERTAINMENT:

### An Evening with Sir Tim Rice

His songs and the stories behind their creation performed this evening by

The Seabourn Singers & Dancers.

9:45p Grand Salon, Deck 6



## Today at a Glance

- 9:00a **Yoga\*** The Spa, Deck 9  
An invigorating, strengthening yoga  
\*Class incurs a nominal fee.
- 9:45a  **A Conversation Juan Jose Apestegui: The Life of a Hummingbird** Grand Salon, Deck 6
- 9:45a **Learn How to Play Bridge in 1 Hour with Steve & Marina** Card Room, Deck 7
- 10:00a **Dance Class with Oleg & Uliana** The Club, Deck 5
- 10:30a **Roberto Coin Fine Jewelry** The Collection, Deck 7  
Hear more about the secret of the 'Hidden Ruby'.
- 10:30a  **Art Class with Kitty: Wrap Up Session** The Restaurant, Deck 4  
Finish working on your projects
- 10:30a **Golf Putting – Prize Game** The Retreat, Deck 11
- 11:00a  **A Conversation with Fulton Armstrong: How Good an Intelligence Analyst Are You?** Grand Salon, Deck 6
- 11:00a - 12:00p **PASSPORT HANDOUT FOR GUESTS DISEMBARKING IN SAN ANTONIO, CHILE ON NOVEMBER 29th** Seabourn Square Hospitality Desk, Deck 7
- 11:00a **Intermediate Bridge Declarer Play and Defense Lessons with Steve & Marina** Card Room, Deck 7
- 11:00a - 5:00p **Fashion Promotion Event** The Boutique, Deck 7  
Join us today for selected Ralph Lauren and Joseph Ribkoff clothing at 20%-50%
- 11:00a **Acupuncture Seminar: Chinese Herbal Remedies** The Spa, Deck 9
- 12:00p **Team Trivia with Jan, Ashley & Jess** The Club, Deck 5
- 12:30p - 2:30p  **Market Lunch** The Colonnade, Deck 8  
Join Chef Chris and the entire Food and Beverage department for a truly memorable culinary event.
- 2:00p **Duplicate Bridge Play with Steve & Marina** Card Room, Deck 7
- 2:30p  **A Conversation with Jennifer Fought: The Great Chilean Earthquake** Grand Salon, Deck 6
- 3:00p **Wellness Seminar: Eat More to Weigh Less** The Spa, Deck 9
- 3:30p **Shuffleboard – Prize Game** The Retreat, Deck 11
- 3:45p  **Workshop with David Smith: Creative Travel Photography** The Club, Deck 5  
Hands on practice with handouts provided. Bring your camera and/or device.
- 4:00p **Needlepoint & Craft Social** Observation Bar, Deck 10  
Bring a project you're working on, share ideas and natter over a cup of tea.
- 4:00p - 5:00p **Afternoon Tea Time** Observation Bar, Deck 10
- 6:30p - 7:15p **Swinging Melodies with The Band** The Club, Deck 5
- 6:45p - 7:45p **Piano Melodies with Deborah** Observation Bar, Deck 10
- 7:15p - 8:00p **Cocktail Moods with The Trio** The Club, Deck 5
- 9:15p - 11:00p **After - Dinner Grooves with The Trio** The Club, Deck 5
- 9:30p - mn **Piano Melodies with Deborah** Observation Bar, Deck 10
- 9:45p  **SHOWTIME: AN EVENING WITH SIR TIM RICE** Grand Salon, Deck 6  
Featuring the Seabourn Singers & Dancers.
- 11:00p - late **Dance Hits with The Band and Anne** The Club, Deck 5

## FOOD & DRINK

### The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:00p - 1:30p
Dinner	7:00p - 9:00p

### The Colonnade, Deck 8

Breakfast	8:00a - 10:30a
Market Lunch	12:30p - 2:30p
Vietnamese	7:00p - 9:00p

### The Grill by Thomas Keller, Deck 8

6:00p - 9:00p
by Reservation only, please dial 9 or visit The Grill during opening hours

### The Patio, Deck 8

Lunch, Taco	(weather permitting) 12:30p - 3:30p
Dinner, Earth & Ocean	(weather permitting) 7:00p - 9:00p

### Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p/8:00p - 10:00p
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### Observation Bar, Deck 10

Sky Bar, Deck 9	Early Risers 6:15a - 8:00a/4:00p - mn
Patio Bar, Deck 8	(weather permitting) 12:00p - 6:30p
Grand Salon, Deck 6	(weather permitting) 10:00a - 10:00p
The Club, Deck 5	9:15p - 10:30p
	6:30p - close

## SERVICES

### Boutique & Collection, Deck 7

Spa & Wellness with Dr. Andrew Weil, Deck 9	10:00a - 10:00p
Fitness Center, Deck 9	8:00a - 10:00p
Daily Mindful Theme	6:00a - 10:00p
	Love

### Cruise Sales, Deck 7

Book onboard and save 5%	10:00a - 12:00p / 2:00p - 5:00p
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### Destination Services, Deck 7

	9:00a - 10:00p/5:00p - 6:00p
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### Casino, Deck 5

Slots	All day
Tables	3:00p - 5:00p
To all our slot players, please remember to cash out your Casino account during opening hours in the Casino, Deck 5 or Guest Services in Seabourn Square on Deck 7, before midnight.	6:30p - 8:00p/9:00p - close

### Medical Center, Deck 3 fwd

	9:00a - 12:00a/4:00p - 6:00p
	For urgent medical attention 24 hours a day, please dial 911

Ventures by Seabourn team members will be on deck today  
10:00a - 12:00p / 3:00p - 5:00p  
Outside on Deck 7 Aft

Your family and friends can follow your voyage with our daily Ventures Voyage tracker Blog at: <https://my.yb.tl/ventures/>

