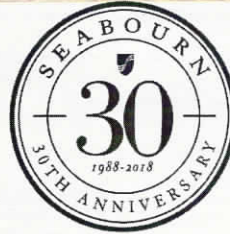




The HERALD

MONDAY, DECEMBER 3, 2018
CRUISING THE CHILEAN FJORDS
Dress this Evening: Elegant Casual



WEATHER

Partly cloudy
Wind: WSW'ly 15 – 30 knots
Highs: 52° F / 11° C
Sunrise: 6:05a

Sunset: 9:53p

Bird Strikes

Each year, bird landings occur on vessels operating in the Southern Ocean. The legs of petrels are not designed to walk, so these seabirds are unable to take off again. They will often hide behind ship's gear and in corners. Although most of the time birds survive the initial impact, they can become hypothermic if their feathers become waterlogged. Bird species commonly affected include Antarctic Prion, Blue Petrel, Diving-petrels and Storm-petrels. Conditions of poor visibility (fog, snow or rain) increase the risk of birds becoming disoriented by ship lights. Occasionally, hundreds of birds may land on a ship in a single night. The Expedition Team will check every morning to see if birds have landed on the ship.

We can help avoid attracting seabirds, particularly when the ship is near islands (where the birds breed) and on nights when visibility is poor.

We will keep deck lights and ice lights at the minimum necessary for safety.

We will close all curtains and switch off balcony lights.

We will keep deck lights to a minimum when at anchor or close inshore overnight.

How can you help?

- Please keep your curtains closed during nighttime while we are sailing in the Chilean Fjords area.
- Report any bird strike to Guest Services by dialing 9. They will inform a member of the Expedition Team accordingly. Please do not touch or handle the birds yourself.

For your safety, avoid going out on the outer decks during evening hours. The deck lights will be switched off and visibility will be reduced.

BOOT EXCHANGE

9:30a The Club, Deck 5

We kindly ask all guests to bring their rubber boots to The Club, where they will be stored in individual storage lockers on the back deck for the remainder of the voyage. **Please wait for an announcement to be made as we will be calling you by deck.**

For those guests who have ordered boots online from "Ship to Shore" and wish to exchange for a different size, your Expedition Team can assist you in The Club (limited stock available). Remember to bring a thick pair of socks to ensure a proper fit of your boot.

Binocular Clinic

10:00a – 11:00a
on Deck 7 Aft

Antarctica Operations Q&A

10:00a – 11:00a / 3:00p – 4:00p
in Seabourn Square, Deck 7

Expedition Staff Available

10:00a – 12:00n / 3:00p – 5:00p Deck 7 Aft for wildlife viewing
10:00a – 12:00n / 2:00p – 4:00p Observation Bar, Deck 10 with charts

Photo Drop-In Session

2:00p – 4:00p
The Club, Deck 5
(Please sign up at Guest Services)

Kayak Q&A

10:00a – 12:00n / 3:00p – 5:00p
Deck 5 aft

Your family and friends can follow your voyage with our daily blog at:
<https://my.yb.tl/seabournexpeditions>

PRE-DINNER SHOWTIME

Classical Concert

Join the Seabourn Quest Cast Singers for a pre-dinner classical concert!

6:30p Grand Salon, Deck 6

TONIGHT'S ENTERTAINMENT

Mind Reader

Marc Paul

Marc is best known for his amazing performance on the UK television chat show, the 'Parkinson' show. Be ready to be amazed!

9:45p Grand Salon, Deck 6

Today at a Glance

- 9:00a **Yoga*** The Spa, Deck 9
An invigorating, strengthening yoga
**Class incurs a nominal fee.*
- 9:25a **Beginners Bridge Lesson with Mary & Harry**
Card Room, Deck 7
- 9:30a **Boot Exchange** The Club, Deck 5
- 10:00a **Swarovski Binoculars** The Boutique, Deck 7
Join us as we highlight our selection of Swarovski binoculars. Made to the highest quality and with meticulous detail.
- 10:10a **Intermediate Bridge with Mary & Harry** Card Room, Deck 7
- 10:30a  **Culinary Demonstration with Executive Chef Chris Graham**
Grand Salon Deck 6
- 10:30a **Hair Show** The Spa, Deck 9
Join our international Hairstylist for advice on which hairstyle suits you.
- 10:30a **Golf Putting – Prize Game** The Retreat, Deck 11
- 11:00a **Acupuncture Seminar** The Spa Deck 9
- 12:00n **Team Trivia with Jan and Jessica** The Club, Deck 5
- 1:00p **Massage Taster** The Spa, Deck 9
Complimentary walk-in sample massage. Join our international spa therapists for a 2 minute sample neck and shoulder massage.
- 2:00p - 4:00p **Duplicate & Social Bridge Play with Mary & Harry**
Card Room, Deck 7
- 2:30p **Destinations Port and Tour Talk with Chris**
Grand Salon, Deck 6
Join Chris and find out about the upcoming destinations of Punta Arenas and Ushuaia.
- 3:30p **Dance Class with Oleg and Uliana** The Club, Deck 5
- 3:30p **Shuffleboard – Prize Game** The Retreat, Deck 11
- 3:45p **A Conversation with Geoff DeVito: Punta Arenas: Chile's Bottom Of The World** Grand Salon, Deck 6
- 4:00p **Needlepoint & Craft Social with Assistant Cruise Director Jessica** Observation Bar, Deck 10
Bring a project you're working on, share ideas and natter over a cup of tea.
- 4:00p - 5:00p **Afternoon Tea Time** Observation Bar, Deck 10
- 5:45p **LGBT Get-Together** Observation Bar, Deck 10
- 6:00p **Celebrate Hanukkah, The Festival Of Light with Rabbi Miriyam Glazer & Rabbi Anthony Elman** Card Room, Deck 7
All are welcome.
- 6:00p - 10:00p **Scotches & Watches** The Boutique, Deck 7
Join Vladimir for a glass of Scotch and informal chat as we highlight our Watch Collection including Hublot, Dior, Hermes, Longines and Tissot watches.
- 6:00p - 8:00p **Pre-Dinner Moods with The Trio** The Club, Deck 5
- 6:30p  **PRE-DINNER SHOWTIME: CLASSICAL CONCERT WITH YOUR SEABOURN SINGERS** Grand Salon, Deck 6
- 6:45p - 7:45p **Piano Melodies with Deborah** Observation Bar, Deck 10
- 9:00p - 10:30p **After-Dinner Music with The Trio** The Club, Deck 5
- 9:30p - mn **Piano Melodies with Deborah** Observation Bar, Deck 10
- 9:45p  **SHOWTIME: MIND READER MARC PAUL**
Grand Salon, Deck 6 Be ready to be amazed!
- 10:30p - late **Dancing with The Band and Anne** The Club, Deck 5

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Dinner	7:00p - 9:00p

The Colonnade, Deck 8

Breakfast	8:00a - 10:30a
Lunch, Wok	12:00p - 2:00p
Dinner, Spanish	7:00p - 9:00p

The Grill by Thomas Keller, Deck 8

6:00p - 9:00p
by Reservation only, please dial 9
or visit The Grill during
opening hours

Patio Grill, Deck 8

Lunch, Fish & Seafood
Dinner, Earth & Ocean
(weather permitting) 12:30p - 3:30p
(weather permitting) 7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks
6:15a - 6:00p / 8:00p - 10:00p

Observation Bar, Deck 10

Sky Bar, Deck 9
Patio Bar, Deck 8
Grand Salon, Deck 6
The Club, Deck 5
Early Risers 6:15a - 8:00a / 4:00p - mn
(weather permitting) 12:00n - 6:30p
(weather permitting) 10:00a - 10:00p
6:15p - 7:15p / 9:15p - 10:30p
6:30p - close

SERVICES

Boutique & Collection, Deck 7

Spa & Serene Area, Deck 9
Fitness Center, Deck 9
Daily Mindful Theme
10:00a - 10:00p
8:00a - 10:00p
6:00a - 10:00p
Flow

Cruise Sales, Deck 7

Book onboard and save 5%
10:00a - 12:00n/
2:00p - 5:00p

Destination Services, Deck 7

9:00a - 12:00n/
3:00p - 6:00p

Casino, Deck 5

Slots
Tables
Bonus Offer – Buy \$25 worth of scratch cards and get a FREE \$5 scratch card!
all day
3:00p - 5:00p / 6:30p - 8:00p
9:00p - close

Medical Center, Deck 3 fwd

9:00a - 12:00n / 4:00p - 6:00p
For urgent medical attention 24
hours a day, please dial 911

MONDAY NFL FOOTBALL GAME
10:15p Washington Redskins vs. Philadelphia Eagles
On Special Events Channel 8 on your In-Suite Television

