



The HERALD

SUNDAY, DECEMBER 9, 2018
AT SEA - DRAKE PASSAGE
Dress this Evening: Elegant Casual



WEATHER

Cloudy with Drizzle
Wind: W'ly 20 - 35 knots
Highs: 41° F / 5° C
Sunrise: 2:57a

Sunset: 10:55p

Drake Passage

The Drake Passage connects the Atlantic and Pacific oceans between Cape Horn (the southernmost point of South America) and the South Shetland Islands, situated about 100 miles (160 km) north of the Antarctic Peninsula. The Drake Passage defines the zone of climatic transition separating the cool, humid, subpolar conditions of Tierra del Fuego and the frigid, Polar Regions of Antarctica. Though bearing the name of the famous English seaman and global circumnavigator Sir Francis Drake, the passage was first traversed in 1616 by a Flemish expedition led by Willem Schouten. The Drake Passage played an important part in the trade of the 19th and early 20th centuries before the opening of the Panama Canal in 1914. The stormy seas and icy conditions made the rounding of Cape Horn through the Drake Passage a rigorous test for ships and crews alike, especially for the sailing vessels of the day. In this area the climate changes from cool, humid, and subpolar to the frozen conditions of Antarctica. The Drake Passage is also the shortest route from Antarctica to the rest of the world. The only islands in the passage are the Diego Ramirez Islands, about 60 km south of Cape Horn. The passage is also good for seeing whales, dolphins, seabirds and penguins

Expedition Staff Available

10:00a - 12:00n / 3:00p - 5:00p

Deck 7 Aft for wildlife viewing

10:00a - 12:00n / 2:00p - 4:00p

Observation Bar, Deck 10 with charts

A Conversation with Luciano Bernacchi:

Penguins, Penguins and more Penguins.

Join Luciano to learn about this fascinating group of flightless, marine and southern birds.

9:45a Grand Salon, Deck 6

A Conversation with Professor Sean Todd:

Wet and Fat; Whales of the Southern Ocean and Antarctic Peninsula

Learn about the diversity of whales we are likely to see on our expedition!

11:00a Grand Salon, Deck 6

A Conversation with Seelye Martin:

The Antarctic Ice Sheet

How it formed, differences between West and East Antarctica and its role in sea level rise.

2:30p Grand Salon, Deck 6

A Conversation with Kristie Yeager:

Seals: The Basics & a Little Science

Much knowledge of these unique animals has been gained through studies such as the Weddell Seal project in Erebus Bay.

3:45p Grand Salon, Deck 6

Your family and friends can follow your voyage with our daily blog at: <https://my.yb.tl/seabournexpeditions>

IMPORTANT MESSAGE FROM THE EXPEDITION TEAM

Dear Guests, in order to go ashore in Antarctica we have to conduct Bio Security Checks on every guest before our arrival. To expedite this process, you can assist us, by already checking your gear and removing any soil, seeds, grasses etc. During the times specified please bring all your outer layers of clothing and gear (including tripods, walking sticks and back packs) that you will be taking ashore, to the Club on Deck 5 for inspection by your Expedition Team. Please DO NOT bring any thermal clothing or gear that has never been used before. Thank You for your cooperation!

Mandatory Bio Security Checks

Please listen for announcements.

The Club, Deck 5

2:00p - white group | 2:20p - red group | 3:40p - blue group

4:00p - purple group | 4:20p - green group

SHOWTIME TONIGHT

SONGS IN THE CITY

Featuring our onboard Seabourn Singers in a unique celebration of popular songs made famous by the scribes of song.

9:45p Grand Salon, Deck 6

Today at a Glance

9:00a	Interdenominational Church Service with Jan Card Room, Deck 7
9:25a	Beginners Bridge with Mary & Harry Card Room, Deck 7
9:45a	 A Conversation with Luciano Bernacchi: Penguins, Penguins and more Penguins Grand Salon, Deck 6
10:00a	Are You ready For Antarctica? The Boutique, Deck 7 Get your last minute essentials before your Antarctica expedition.
10:10a	Intermediate Bridge with Mary & Harry Card Room, Deck 7
10:30a	Dance Class with Oleg and Uliana The Club, Deck 5
10:30a	Baggo – Prize Game Deck 4 Atrium
11:00a	 A Conversation with Professor Sean Todd: Whales of the Southern Ocean & Antarctic Peninsula Grand Salon, Deck 6
11:00a	Massage Taster The Spa Deck 9 Complimentary sample massage.
12:00n	Team Trivia with Jan and Jessica The Club, Deck 5
1:00p	Eyes Like Diamond The Spa, Deck 9 Learn how to improve your collagen in 3 simple steps with your estheticians
2:00p - 4:00p	Duplicate & Social Bridge Play with Mary & Harry Card Room, Deck 7
2:00p	Le Monde The Collection, Deck 7 Take a look at the beautiful Le Monde travel globe collection created by you.
2:00p	BIO SECURITY CHECK FOR COLOR WHITE The Club, Deck 5
2:20p	BIO SECURITY CHECK FOR COLOR RED The Club, Deck 5
2:30p	 A Conversation with Seelye Martin: The Antarctic Ice Sheet Grand Salon, Deck 6
2:40p	BIO SECURITY CHECK FOR COLOR BLUE The Club, Deck 5
3:00p	BIO SECURITY CHECK FOR COLOR PURPLE The Club, Deck 5
3:20p	BIO SECURITY CHECK FOR COLOR GREEN The Club, Deck 5
3:30p	Shuffleboard – Prize Game The Retreat, Deck 11
3:45p	 A Conversation with Kristie Yeager: Seals: The Basics & a Little Science Grand Salon, Deck 6
4:00p	Body Sculpt Boot Camp The Spa, Deck 9 Workout designed for total body conditioning <i>*class incurs minimal charge</i>
4:00p	Needlepoint Social with Jessica Observation Bar, Deck 10
4:00p - 5:00p	Afternoon Tea Time Observation Bar, Deck 10
6:00p	Celebrate Hanukkah with Rabbis Miriyam Glazer & Anthony Elman Card Room, Deck 7
6:30p - 8:00p	Pre-Dinner Moods with The Trio The Club, Deck 5
6:30p	 RECAP & BRIEFING WITH YOUR EXPEDITION TEAM Grand Salon, Deck 6 Iggy Rojas, our Expedition leader will give you a destination briefing on our activities for the following day. This is followed by members of the team who will precap on what we expect to encounter. Please Note: This session will not be taped for future viewing. Drink service will be suspended once the Recap has begun.
6:45p - 7:45p	Piano Melodies with Deborah Observation Bar, Deck 10
9:00p - 11:00p	After-Dinner Music with The Trio The Club, Deck 5
9:30p - mn	Piano Melodies with Deborah Observation Bar, Deck 10
9:45p	 SHOWTIME: SONGS IN THE CITY Grand Salon, Deck 6 Featuring our onboard Seabourn Singers.
11:00p - late	Dancing with The Band and Anne The Club, Deck 5

FOOD & DRINK

The Restaurant, Deck 4

Breakfast	8:00a - 9:00a
Lunch	12:30p - 1:30p
Dinner	7:00p - 9:00p

The Colonnade, Deck 8

Breakfast	8:00a - 10:30a
Lunch, Pacific Rim	12:00p - 2:00p
Dinner, Russian	7:00p - 9:00p

The Grill by Thomas Keller, Deck 8

7:00p - 9:00p
by Reservation only, please dial 9 or visit The Grill during opening hours

Patio Grill, Deck 8

Lunch, Al Fresco	(weather permitting) 12:30p - 3:30p
Dinner, Earth & Ocean	(weather permitting) 7:00p - 9:00p

Seabourn Square, Deck 7

Coffee & Snacks	6:15a - 6:00p / 8:00p - 10:00p
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Observation Bar, Deck 10

Sky Bar, Deck 9	Early Risers 6:15a - 8:00a / 4:00p - mn
Patio Bar, Deck 8	(weather permitting) 12:00n - 6:30p
Grand Salon, Deck 6	(weather permitting) 10:00a - 10:00p
The Club, Deck 5	6:00p - 6:30p / 9:15p - 10:30p
	6:30p - close

SERVICES

Boutique & Collection, Deck 7

Spa & Serene Area, Deck 9	10:00a - 10:00p
Fitness Center, Deck 9	8:00a - 10:00p
Daily Mindful Theme	6:00a - 10:00p
	Compassion

Cruise Sales, Deck 7

<i>Book onboard and save 5%</i>	10:00a - 12:00n / 2:00p - 5:00p
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Destination Services, Deck 7

9:00a - 12:00n / 3:00p - 6:00p

Casino, Deck 5

Slots	all day
Tables	3:00p - 5:00p / 6:30p - 8:00p
Bonus Offer - Buy \$25 worth of scratch cards and get a FREE \$5 scratch card!	9:00p - close

Medical Center, Deck 3 fwd

9:00a - 12:00n / 4:00p - 6:00p
For urgent medical attention 24 hours a day, please dial 911

SUNDAY NFL FOOTBALL GAMES
 3:00p Baltimore Ravens vs Kansas City Chiefs
 6:25p Philadelphia Eagles vs. Dallas Cowboys
 10:15p Los Angeles Rams vs. Chicago Bears
 On Special Events Channel 8 on your In-Suite Television

