

Mudras are expressive hand gestures that form an intrinsic part of Indian Classical Dance, Yoga and visual arts. Mudras are believed to channelize natural forces and aid spiritual and mental well being by enhancing the flow of energies through the body.

The following mudras, that have rich meanings closely aligned with GMR's corporate mission and vision to create a new benchmark for airports, have been used as a part of the design installation created by Incubis and Landor for the canyon wall at the new T3 terminal.

(1) Abhaya Mudrā - A sign of blessing / greeting that denotes protection or reassurance. The idea conveyed here is that 'you are safe, be fearless, I am here to shield you from all harm'



(2) Varada Mudrā - Charity and service - The act of giving, in love and in benevolence



(3) $\bar{A}k\bar{a}sha\ Mudr\bar{a}$ -This $mudr\bar{a}$ conveys the aspiration to harness the energy of the air and the sky and guiding this energy to positive activities where it is most needed.



(4) *mayur muar*a - An expression of tremulous joy, just as a peacock's fan like plume dances in the wind. This *mudr*ā symbolizes flow and joy, new directions and the oncoming of novel tidings



(5) Chatura Mudrā -This mudrā connotes the presence of aesthetic pleasures or sweetness in life; connoting eyes or a face; and lastly, the proof of being/ promise. In geometry, chatura also means a square, and since a square means creation, it is also a symbol of genesis



(6) *Tripatāka Mudrā - D*enotes the application of *tilaka* or victory mark on forehead, but specifically denotes the hoisting of a flag composed of three fabrics or colours, hence *tri-patāka*. Definitely symbolizing journey, travel, arrival, welcome and victory.



(7) Prāńa Mudrā -Prāńa symbolizes life force. Life force is air. This symbol expresses the inhalation and exhalation of this life-force, our tenuous link to our environment. This mudrā seeks to strengthen this linkage between the individual life form and the ever throbbing life-force of the universe



(8) $Trishul \, Mudr\bar{a}$ - Symbolizes three-ness, trinity, the trident and progress through energy and zeal. A fitting metaphor for both GMR and T₃



(9) $Pr\bar{a}n\bar{a}y\bar{a}ma~Mudr\bar{a}$ -This is one of the yogic hand gestures used to alternate the breath through the nostrils during $N\bar{a}di~Shodhana~Pr\bar{a}n\bar{a}y\bar{a}ma$, a sort of regulation of our breathing through alternate nostrils. Symbolises good health, equilibrium, well-being and life force

