



SUNDAY, JANUARY 10, 2016

Day 6

Forecast:	Sunny
Temperature:	34°C / 91°F
Sunrise / Sunset:	6:36am / 6:14pm
This Evenings Dress:	Smart Casual
Arrival:	8:00pm
All Aboard:	Overnight

Please be aware that at 2:00am Saturday evening/Sunday morning the clocks will be set FORWARD one hour.

TRANSITING THE PANAMA CANAL AND FUERTE AMADOR, PANAMA

Bringing up the cultures, tastes and unique Holland America Line experiences will be both on board and off.

Today's highlights include:

Panama Canal Transit

PILOT BOARDING	5:30am
GATUN LOCKS	7:30am
PASSING BY GAMBOA	11:45am
PEDRO MIGUEL LOCKS	1:20pm
MIRAFLORES LOCKS	2:25pm
DEPARTING BALBOA	5:30pm

Please note that the transit through the locks is controlled by Panama Canal shore side officials; the times stated above are approximate and are subject to change.

Access to the Bow

Weather permitting, we will provide access to the forward observation deck during daylight hours. To access the bow, please use the Lower Promenade doors on deck, 3 forward.

Panama Canal Commentary

Throughout our day transiting the Panama Canal, live commentary by Panama Canal Narrator, Antonio Grenald, can be heard in the Crow's Nest, 9, on all outer decks and by turning to Channel 41 on your stateroom television.

Panama Canal Deck Sale

8:00am-1:00pm

LIDO POOLSIDE, 8 MIDSHIP

Start your Panama Canal adventure at our Panama Canal Deck Sale.

Discover great locally-made souvenirs at amazing savings.



Panama Canal

Today you will experience one of the finest man-made wonders of the world in the best possible way, on a ship! Our approximate transit scheduled indicated in the Today at a Glance section for our day in "The Ditch," was created by the Panama Canal Commission. Activities will be held to a minimum today so that you may enjoy your day transiting the Panama Canal.

Tendering Procedure

Please note that the last tender from shore side back to the Amsterdam will be at 11:00pm. Tender procedure will resume at 6:00am tomorrow morning.

Did you know?

Did you know there are live webcams located in the Panama Canal? Have friends and family log onto www.pancanal.com to watch our ship sail through the locks in real time.



Holland America Line

TONIGHT'S SHOW



Showtime:
Shirley Dominguez
8:15pm & 10:00pm

QUEEN'S LOUNGE, 4 & 5

When the Harp Goes Latin

MUSIC & LOUNGE

The Neptunes - 4:45pm-6:30pm,
7:00pm-8:00pm & 9:00pm-11:00pm

OCEAN BAR, 5

It's cocktails and ballroom dancing as
the Neptunes play the American
Songbook.

Adagio - 6:00pm-10:00pm

EXPLORER'S LOUNGE, 5

Our violin and piano duo performs
classical music.

PIANO BAR, 5

Piano Bar Entertainer

Daddy Bacon

PIANO BAR, 5

7:00pm - Blockbuster Broadway

9:15pm - Blockbuster Broadway

10:00pm - Music, Request & Fun



Quinn

4:45pm - 5:30pm & 7:00pm-8:00pm
9:00pm & 11:00pm

CROW'S NEST, 9

Amsterdam Nightclub

CROW'S NEST, 9

Show Host Eric

12:00am - The Party Continues

SHORE EXCURSIONS TOP PICK



Panama Canal

Welcome to the spectacular Panama Canal,
considered by many as the 8th World Wonder
and one of the many wonders you will be
experiencing during this voyage. Be introduced to
the original

birth place of the Panama Hats. If you have not
booked your tour in Fuerte Amador yet, visit the
Shore Excursions Desk, 4, today! It is our pleasure
to help you discover this stunning planet.

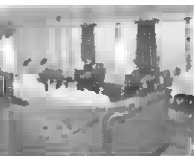
9:00am - 12:00nn & 2:00pm - 5:00pm

DINING



Pinnacle
Grill

Pacific Northwest Steak & Seafood in an intimate setting.
Promenade Deck, 4
Lunch: 12n-1p, \$10
Dinner: 5:30p-9p, \$29*



Canaletto

A taste of Italy featuring small plates for sharing.
Lido Deck, 8
Dinner: 5:30p-9p, \$10*



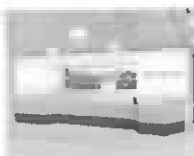
La Fontaine

A wide variety of options for breakfast, lunch and dinner in this classic setting with ocean views.
Promenade & Upper Promenade Decks, 4 & 5
Breakfast: 7:30a-9a, Deck 4
Lunch: 12n-1p, Deck 4
Panama Hat Dinner: Open Seating: 5:15p-9p,
Fixed Seating: 5:30p & 8p



Lido
Casual Dining Room

Our casual option for breakfast, lunch and dinner.
Lido Deck, 8
Breakfast Continental: 5:30a-11a
Breakfast Full Buffet: 6a-10:30a
Lunch: 11:30a-2p, Lido Deli/Pizza: 11:30a-5p
Dinner: 5:30p-8p
Late Night Snack: 10:30p-11:30p



DIVE-IN

Signature burgers and hot dogs with a secret sauce.
Lido Deck, 8
Hours: 11:30a-5p

*Reservations for specialty restaurants can be made by dialing #88

PANAMA HAT DINNER

Panama Hat Night (Celebrate your transit through the canal, hats provided, or bring your own)
La Fontaine Dining Room, 4 & 5

The Heat Is On

As you enjoy the warmth of the tropics today, a few simple precautions will keep you from getting too much of a good thing:

- *Wear light clothing with a hat, sunglasses and sunscreen.
- *Drink plenty of fluids, even if you are not thirsty.
- *Limit exercise and time outdoors in the heat of the midday sun.
- *Avoid seasickness medication. It can reduce heat tolerance.

THINKS

DRINK OF THE DAY

Culibra Spiced Daiquiri \$6.50

LOCATION	HOURS	HAPPY HOUR	DECK
Explorations Café	6a-9p	—	5
Lido Bar	9a-9p	—	8
Ocean Bar	10a-12:30a	4p-5p	5
Sea View Bar	9a-10p	—	8
Crow's Nest	9a-close	4p-5p 9p-10p	9
Casino Bar	10a-close	—	5
Piano Bar	4:30p-close	—	5
Explorer's Lounge	5p-10:30p	—	5

Happy Hour: Buy 1 Drink, Get the 2nd Same Drink for \$1.
For Select Beverages Only

PLEASE NOTE THAT ALL TRANSIT TIMES ARE APPROXIMATE

☐ 2:00am	The Ships Clocks Will be Set Forward 1 Hour	
☐ 5:30am	ON LOCATION Panama Canal Pilot Boarding	
☐ 5:30am-8:00am	ON LOCATION Panama Rolls, Coffee & Juice Available For the best view of the Locks, we invite you to the bow, Crow's Nest, and Promenade deck, 3, to watch the sunrise and enjoy coffee and Panama Rolls available at all locations	Crow's Nest, 9 Verandah Deck, 6 Forward Outside Deck, 3 Bow, 4
☐ 7:00am	Fitness Class: Early Morning Stretch	Fitness Center, 8
☐ 7:30am	ON LOCATION Arrive At Gatun Locks	
☐ 7:30am	Fitness Class: Fab Abs	Fitness Center, 8
☐ 8:00am	Mass is Celebrated with Father Louis	Wajang Theater, 4
☐ 8:00am	Interdenominational Service with Reverend Sutton	Hudson Room, 5
☐ 8:00am	Fitness Class: Indoor Cycling Fee Applies	Fitness Center, 8
☐ 8:00am-1:00pm	ON LOCATION Panama Canal Deck Sale	Lido Poolside, 8
☐ 9:00am	Cooking Show Rolling in the Dough Culinary Arts Center Host Donna and our onboard baker show you how to prepare Panama Rolls	Culinary Arts Center, 4
☐ 9:00am	Fitness Class: Pathway to Yoga Fee Applies	Fitness Center, 8
☐ 9:10am	ON LOCATION Departing Gatun Locks	
☐ 9:30am	Good Morning Amsterdam with Cruise Director Gene and Culinary Arts Center Host Donna	Wajang Theater, 4
☐ 10:00am	Guided Meditation with Show Host Jodie	The Loft, 9
☐ 10:00am	Card/Game Players Meet	Hudson Room, 5
☐ 10:00am	Sit, Knit, & Needlework (Non-hosted) For Project Linus. Meet fellow guests who brought their knitting, or needle work.	Explorer's Lounge, 5
☐ 10:00am-12:00nn	ON LOCATION Ask Location Guide Barbara Location Guide Barbara is available to answer your questions.	Explorations Café, 5
☐ 10:30am	Make Windows 10 your Own Use Windows Live Movie Maker to create a video slideshow from your photos and videos	Digital Workshop, 5
☐ 10:30am-11:00am	ON LOCATION Lemonade, Orange Juice & Cold Face Towels Served	Crow's Nest, 9 Verandah Deck, 6 Forward Outside Deck, 3 Bow, 4
☐ 11:00am	ON LOCATION Panama Canal Crocodile Swim Take the Plunge into the murky waters and brave the elements and crocodiles of our outside pool and receive an achievement certificate as proof of your bravery of swimming the Panama Canal.	Sea View Pool, 8 aft
☐ 11:30am	ON LOCATION Panamanian Market Join your culinary and beverage teams as they prepare authentic foods and drinks as we transit the Panama Canal	Lido Midship, 8
☐ 11:30am	Q&A with your Digital Workshop Host Your Digital Workshop Host, Kristin, is available and ready to answer your questions about Windows 10.	Digital Workshop, 5
☐ 11:45am	GRAND DOLLAR EVENT: Team Trivia Challenge with Cruise Director Gene	Ocean Bar, 5

PLEASE NOTE THAT ALL TRANSIT TIMES ARE APPROXIMATE

☐ 11:45am	ON LOCATION Passing by Gamboa	
☐ 1:00pm	NFL PLAYOFFS: Seattle Seahawks vs the Minnesota Vikings	Sports Bar, 5
☐ 1:20pm	ON LOCATION Arrive at Pedro Miguel Locks	
☐ 2:00pm	GRAND DOLLAR EVENT Silver Bucket Challenge	Atrium, 3
☐ 2:00pm	ON LOCATION Departing Pedro Miguel Locks	
☐ 2:00pm	Card/ Game Players Meet	Hudson Room, 5
☐ 2:30pm-3:00pm	ON LOCATION Iced Tea, Lemonade, Fruit Skewers & Cold Faced Towels	Crow's Nest, 9 Verandah Deck, 6 Forward Outside Deck, 3 Bow, 4
☐ 2:25pm	ON LOCATION Arrive at Miraflores Locks	
☐ 3:00pm	Guest Chef Presentation: Table Hopping Through History with Guest Chef Eva Eliscu	Culinary Arts Center, 4
☐ 3:00pm	Gem Quiz with Master Jeweler Onofrio	Piano Bar, 5
☐ 3:00pm	Afternoon Tea	Dining Room, 4
☐ 3:25pm	ON LOCATION Departing Miraflores Locks	
☐ 3:30pm	Make Windows 10 your Own Use Windows Live Movie Maker to create a video slideshow from your photos and videos	Digital Workshop, 5
☐ 4:00pm	Friends of Bill W. Meet	The Loft, 9
☐ 4:00pm	Fitness Class: Core Conditioning Pilates Fee Applies	Fitness Center, 8
☐ 4:00pm	Afternoon Bingo \$15 for three cards, \$25 for six cards & \$5 For Add on Card.	Queen's Lounge, 4
☐ 4:20pm	NFL PLAYOFFS: Green Bay Packers vs Washington Redskins	Sports Bar, 5
☐ 4:30pm	Q&A with your Digital Workshop Host Your Digital Workshop Host, Kristin, is available and ready to answer your questions about Windows 10.	Digital Workshop, 5
☐ 5:00pm	GRAND DOLLAR EVENT Pub Trivia with Show Host Erin	Piano Bar, 5
☐ 5:00pm	Fitness Class: Total Body Conditioning	Fitness Center, 8
☐ 5:30pm	ON LOCATION Departing Balboa	
☐ 7:00pm	Blockbuster Broadway with Debby Bacon	Piano Bar, 5
☐ 7:00pm	LGBT Get Together	Crow's Nest, 9
☐ 8:00pm	THE AMSTERDAM IS SCHEDULED TO ARRIVE IN FUERTE AMADOR	
☐ 8:15pm	SHOWTIME: Shirley Dominguez	Queen's Lounge, 4 & 5
☐ 9:00pm	Texas Hold'em Cash Game	Casino, 5
☐ 9:00pm	Music & Dancing with the Oasis	Crow's Nest, 9
☐ 9:15pm	Blockbuster Broadway with Debby Bacon	Piano Bar, 5
☐ 10:00pm	Cigars Under the Stars	Sea View Bar, 8 aft
☐ 10:00pm	SHOWTIME: Shirley Dominguez	Queen's Lounge, 4 & 5
☐ 10:00pm	Music, Requests & Fun with Debby Bacon	Piano Bar, 5
☐ 12:00mn	The Night Beat with Show Host Erin	Crow's Nest, 9

TODAY'S MOVIE

American Experience the Panama Canal

6:00pm & 9:30pm

WAJANG THEATER, 4

Starring: Josh Hamilton, Stephen Ives and Walter LaFeber

Documentary · 1 hour & 21 minutes

On August 15th, 1914, the Panama Canal opened, connecting the world's two largest oceans and signaling America's emergence as a global

A Man, A Plan, A Canal

7:30pm & 11:00pm

WAJANG THEATER, 4

Director: Carl Charlson

Documentary · 57 minutes

SERVICES

LOCATION	HOURS	DECK
Explorations Café	8:30a-10p	5
Fitness Center	5a-9p	8
Future Cruise Consults.	2p-5p	5
Greenhouse Spa & Salon	8a-9p	8
Location Guide	10a-12n	5
Medical Center	8a-12n, 2p-6p	1
Doctor's Hours	10a-11a, 5p-6p	
Photo Gallery	5p-10:30p	4
Pools & Hot Tubs	7a-10p	8
Shore Excursions Desk	9a-12n, 2p-5p	4

ONBOARD OPPORTUNITIES



Panama Canal Deck Sale

Start your Panama Canal adventure at our Panama Canal Deck Sale.

Discover great locally-made souvenirs at amazing savings.

8:00am - 1:00pm

Lido, 8 midship

PHOTO GALLERY

Panama Canal Photo Opportunity

As we transit through the Panama Canal, our friendly Image Creators will be around the ship and waiting at the locks to capture this unique experience. Don't forget to smile!

Photo Gallery, 4

MERABELLA LUXURY BOUTIQUE

Tanzanite Preview

Visit Merabella Luxury Boutique to preview the exquisite collection of tanzanite available on board.

2:00pm - 4:00pm

Merabella Luxury Boutique, 5

2017 GRAND WORLD VOYAGE

If you don't have your stateroom reserved for 2017, it's time! Only \$1,000 deposit if booked on full World Cruise, when you reserve while on board. This itinerary has been revised to provide a better world experience. Stop by and choose your stateroom tonight!

Future Cruises Desk, 5 aft

TODAY'S SPA SPECIAL

Pro Collagen Facial

The precious ingredients in this facial will help lift the skin and reduce signs of aging. Specialized lifting massage techniques are combined with the unique anti-aging Japanese silk mask impregnated with Pro Collagen marine booster serum

50 minutes \$145

Visit the Greenhouse Spa, 8, or dial 94 to schedule an appointment.