

# **Something Simple**

#### COLD CEREALS

Cornflakes • Cheerios • Special K • Raisin Bran Shredded Wheat • Rick Krispies • Frosted Flakes Fruit Loops • Granola • All Bran • Bran Flakes. Served with your choice of milk • Add sliced banana on request.

#### BREAKFAST PARFAIT

Layers of creamy Greek yogurt, fresh berries and granola.

#### HOT CEREALS

Old-Fashioned Oatmeal • Steel Cut Irish Oatmeal Cream of Wheat • Creamy Grits Served with sliced banana, raisins, brown sugar, maple syrup, milk or half & half on request.

## EGG AND CHEESE BREAKFAST SANDWICH

Scrambled egg and Cheddar cheese served on a toasted English muffin. Add sausage patty, hickory smoked bacon or ham slice on request.

#### \* BAGEL AND LOX

A freshly toasted bagel served with slices of cold smoked salmon, cream cheese, sliced onion and capers.

# **Greenhouse Spa Selections**

## COTTAGE CHEESE AND FRESH FRUIT

A small bowl of creamy cottage cheese lightly dusted with cinnamon, served with your choice of sliced banana, strawberries, blueberries or diced melon.

#### SWISS-STYLE MUESLI

A mixture of low fat yogurt, fresh fruit, milk, toasted hazel-nuts, oatmeal and honey.

#### FRITTATA ITALIANA

Healthy without sacrificing flavor, egg whites combined with low-fat cream cheese, sun-dried tomatoes and fresh basil, then lightly baked and served with while grain toast.



## **International Classics**

#### \* ALL AMERICAN BREAKFAST

Two jumbo eggs, cooked to order, served with hash browns, hickory smoked bacon or sausage and toast.

#### \* EGGS BENEDICT

Toasted English muffins, layered with Canadian bacon, two poached eggs and hollandaise sauce.

### \* EGGS ROYALE

Toasted English muffins, smoked salmon and two poached eggs with creamy hollandaise sauce.

### \* EGGS FLORENTINE

Toasted English muffins, topped with sautéed spinach and two poached eggs draped with hollandaise sauce.

#### \* CORNED BEEF HASH AND EGGS

Home-made corned beef hash topped with two eggs cooked to order and served with a side of toast.

### \* KIPPERED HERRING

Served with two scrambled eggs and smothered onions.

#### \* DUTCH BREAKFAST

The Uitsmijter, a classic open-face sandwich with thick white bread, sliced ham, Gouda, and two eggs sunny side up.

### \* JAPANESE BREAKFAST

Hot miso soup, steamed white rice, tamagoyaki and broiled salmon served with a cup of hot green tea.

#### \* THE FULL ENGLISH BREAKFAST

Two jumbo eggs scrambled, English banger sausage, English back bacon, baked beans, hash browns and a grilled half tomato.

### \* SCANDINAVIAN BREAKFAST

Smoked salmon and pickled herring, served with hard-boiled egg and slices of dark rye bread.

## Three Egg Omelets

All omelets are served with hash browns and toast. Egg whites or egg substitute available on request.

#### DENVER OMELET

Green bell pepper, onion, ham and a mixture of Cheddar, Monterey Jack and Swiss cheese.

#### GARDEN VEGETABLE OMELET

Tender asparagus, sautéed spinach, diced tomato and sliced button mushrooms with creamy goat cheese.

#### SOUTHWEST OMELET

Diced sweet roasted bell peppers, tomato, green onion, and Monterey Jack cheese, topped with avocado, sour cream and fresh salsa.

#### MY CHOICE OMELET

Build your own omelet with any of the following: Ham, bacon, sausage, smoked salmon, mushrooms, bell pepper, onion, asparagus, Cheddar, Jack, Swiss, goat or Gruyère cheese.

## Hot off the Griddle

#### BELGIAN WAFFLE

Thick, crisp Belgian waffle topped with your choice of warm strawberry, apple-cinnamon or plum compote.

#### CINNAMON-SUGAR FRENCH TOAST

Thick slices of egg bread French toast, dusted with cinnamonsugar. Served with whipped butter and hot maple syrup.

#### STACK OF PANCAKES

Three fluffy pancakes stacked high. Your choice of buttermilk, banana or blueberry. Served with whipped butter and hot maple syrup.



# From the Bakery

Toast • English Muffin • Bagel • Roll

#### BAKED FRESH DAILY

Butter Croissant • Chocolate Croissant • Raisin Bun • Cheese Danish Fruit Danish • Danish of the Day • Blueberry Muffin Muffin of the Day • Coffee Cake

Served with butter, margarine, jam, jelly, honey, Nutella or cream cheese on request.

Freshly baked sugar-free pastries available upon request.

## On the Side

Hickory Smoked Bacon • English Bangers • Pork Sausage Links or Patty Carved Honey Glazed Ham • Corned Beef Hash • Turkey Bacon Turkey Sausage Links • Morningstar Farms ® Vegi Links • Hash Browns

#### FRUITS AND YOGURTS

Fresh Fruit Plate • Half Grapefruit • Sliced Banana Stewed Prunes, Apricots or Kadota Figs • Assorted Yogurts

## **Beverages**

Coffee • Tea • Decaffeinated Coffee and Tea Whole, Low Fat and Skim Milk • Chocolate Milk Fresh Squeezed Orange Juice • Apple Juice • Cranberry Juice Grapefruit Juice • Grape Juice • Pineapple Juice • Prune Juice Tomato Juice • V-8

Holland America Line only serves manuscable scaffood.

\* The in-Food and Drug Administration advises that announing new or undersorked town, scaffood, shallfall, positive with and/or eggs may increase your risk for foodburne dineral aspecially if was have certain medical conditions.