



THURSDAY, MAY 5, 2016

Forecast:	Chance of Rain/ Humid
Temperature:	35°C / 95°F
Sunrise / Sunset:	6:01am / 6:31pm
This Evenings Dress:	Smart Casual

Cinco De Mayo

TRANSITING THE PANAMA CANAL

today
ON LOCATION

Bringing the cultures, tastes and unique Holland America Line experiences to life, both on board and off.

Today's highlights include:

Panama Canal Transit

PILOT BOARDING	5:30am
GATUN LOCKS	7:00am
PASSING BY GAMBOA	11:15am
PEDRO MIGUEL LOCKS	1:40pm
MIRAFLORES LOCKS	2:45pm
DEPARTING BALBOA	5:00pm

Please note that the transit through the locks is controlled by Panama Canal shore side officials; the times stated above are approximate and are subject to change.



Access to the Bow

Weather permitting, we will provide access to the forward observation deck during daylight hours. To access the bow, please use the Lower Promenade doors on deck, 3 forward.

Panama Canal

Today you will experience one of the finest man-made wonders of the world in the best possible way, on a ship! Our approximate transit scheduled indicated in the Today at a Glance section for our day in "The Ditch," was created by the Panama Canal Commission. Activities will be held to a minimum today so that you may enjoy your day transiting the Panama Canal.

Panama Canal Commentary

Throughout our day transiting the Panama Canal, live commentary by our Panama Canal Narrator Antonio Grenald, can be heard in the Crow's Nest, 9, on all outer decks and by turning to Channel 41 on your stateroom television.

Panama Canal Deck Sale

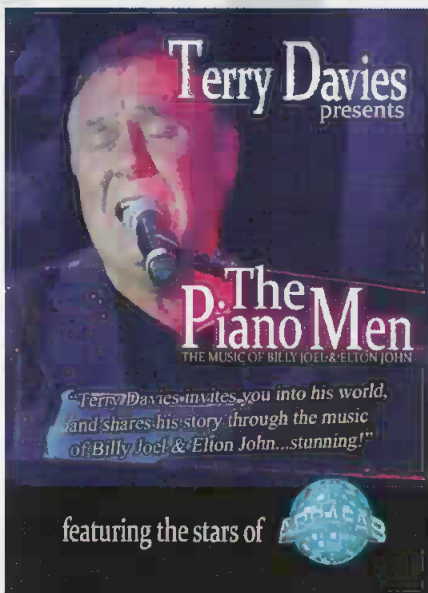
8:00am-1:00pm

LIDO POOLSIDE, 8 MIDSHIP
Start your Panama Canal adventure at our Panama Canal Deck Sale. Discover great locally-made souvenirs at amazing savings.

Did you know?

Did you know there are live webcams located in the Panama Canal? Have friends and family log onto www.pancanal.com to watch our ship sail through the locks in real time.

TONIGHT'S SHOW



Showtime:
Terry Davies
8:00pm & 10:00pm

QUEEN'S LOUNGE, 4 & 5

Terry Davies Presents The Piano Men. The stars of ABBA Fab return to the stage - this time with their tribute to the music of Billy Joel and Elton John.

MUSIC & LOUNGES

The Neptunes · 6:00pm-8:00pm & 8:45pm-10:45pm

OCEAN BAR, 5

It's cocktails and ballroom dancing as the Neptunes play the American Songbook.

Solo Guitarist Brian

6:00pm-9:00pm

CROW'S NEST, 9

Adagio · 6:00pm-10:00pm

EXPLORER'S LOUNGE, 5

Our violin and piano duo performs classical music.

PIANO BAR, 5

Piano Bar Entertainer Don

PIANO BAR, 5

9:00pm - Piano Bar Entertainer Don

Takes your Request

10:00pm - Music, Request & Fun



Amsterdam Nightclub

CROW'S NEST, 9

Show Host Joey

9:00pm - Latin Night

11:30pm - Late Night Grooves

SHORE EXCURSIONS TOP PICK:



Experience the Wonder Costa Rica's on the Poas Volcano & Doka Coffee Plantation !

Admire the imposing Poás Volcano from 8,884 feet above sea level, and visit a coffee plantation on this exciting day trip. Enjoy a typical Costa Rican lunch before heading back to the ship.

Visit the Shore Excursions on the pier for last minute bookings!



Pacific Northwest Steak & Seafood in an intimate setting.
Promenade Deck, 4
Lunch: 12n-1p, \$10
Dinner: 5:30p-9:30p, \$29*



A taste of Italy featuring small plates for sharing.
Lido Deck, 8
Dinner: 5:30p-9:30p, \$10*



A wide variety of options for breakfast, lunch and dinner in this classic setting with ocean views.
Promenade & Upper Promenade Decks, 4 & 5
Breakfast: 8a-9:30a, Deck 4
Lunch: 12n-1p, Deck 4
Dinner: Open Seating: 5:15p-9p, Fixed Seating: 5:30p & 8p



Our casual option for breakfast, lunch and dinner.
Lido Deck, 8
Breakfast Continental: 6a-11a
Breakfast Full Buffet: 6a-10:30a
Lunch: 11:30a-2p, Lido Deli/Pizza: 11:30a-5p
Dinner: 5:30p-8p
Late Night Snack: 10:30p-11:30p



Signature burgers and hot dogs with a secret sauce.
Lido Deck, 8
Hours: 11:30a-5p

*Reservations for specialty restaurants can be made by dialing #88

THE HEAT IS ON

As you enjoy our transit today through the Panama Canal, a few simple Precautions will keep you from getting too much of a good thing:

- Wear light clothing with a hat, sunglasses and sunscreen
- Drink plenty of fluids, even if you are not thirsty
- Limit exercise and time outdoors in the heat of the midday sun



Cocktail Parties & Celebrations

The best way to celebrate friendships and relationships is on our "dam" ships. Would you like to organize cocktail parties or celebrate special days? All you need to do is contact your Beverage Manager Willy via the Front Office and he will offer you a wide variety of choices.

DRINKS

DRINK OF THE DAY
Culibra Spiced Daiquiri \$6.50

LOCATION	HOURS	HAPPY	
		HOUR	DECK
Explorations Café	7a-10p	—	5
Lido Bar	9a-9p	—	8
Ocean Bar	10a-12:30a	4p-5p	5
Sea View Bar	9a-9p	—	8
Crow's Nest	9a-close	4p-5p	9
Casino Bar	10a-close	—	5
Piano Bar	7p-close	—	5
Explorer's Lounge	5:30p-10:30p	—	5

Happy Hour Buy 1 Drink. Get the 2nd Same Drink for \$1
For Select Beverages Only

PLEASE NOTE THAT ALL TRANSIT TIMES ARE APPROXIMATE

8:30am	ON LOCATION Panama Canal Pilot Boarding	
9:00am-9:30am	ON LOCATION Panama Rolls, Coffee & Juice Available For the best view of the Locks, we invite you to the bow, Crow's Nest, and Promenade deck, 3, to watch the sunrise and enjoy coffee and Panama Rolls available at all locations	Crow's Nest, 9 Forward Outside Deck, 3 Bow, 4
9:30am	ON LOCATION Arrive At Gatun Locks	
9:30am	Fitness Class: Early Morning Stretch	Fitness Center, 8
9:30am	Fitness Class: Fab Abs	Fitness Center, 8
9:30am	Mass is Celebrated with Father Davies	Wajang Theater, 4
9:30am	Fitness Class: Pathway to Yoga Fee Applies	Fitness Center, 8
9:30am-10:00am	ON LOCATION Panama Canal Deck Sale	Lido Poolside, 8
10:00am	Q&A with your Digital Workshop Host Your Digital Workshop Host, Frank, is available and ready to answer your questions about Windows 10.	Digital Workshop, 5
10:00am	Morning Devotions with Rev Charles Sutton	Piano Bar, 5
10:00am	Fitness Class: Indoor Cycling Fee Applies	Fitness Center, 8
10:00am	ON LOCATION Departing Gatun Locks	
10:00am	Creativity At Sea Join Culinary Arts Center Host Donna as she helps you create festive bookmarks	Culinary Arts Center, 4
10:00am	Fitness Class: Body Sculpt Boot Camp fee applies	Fitness Center, 8
10:00am	Card/Game Players Meet	Hudson Room, 5
10:00am-10:30am	ON LOCATION Ask Location Guide Wallis Location Guide Wallis is available to answer your questions.	Crow's Nest, 9
10:00am-10:30am	Uniquely yours Art Exhibition: Visually indulge in the colors and hues of this one-time only, all one-of-a-kind exhibition	Art Gallery, 4
10:00am	Learn to Use your Digital Camera Learn about taking photos, transferring photos to other devices, and some of the common features and options available on your digital camera	Digital Workshop, 5
10:00am-10:30am	ON LOCATION Lemonade, Water & Cold Face Towels Served	Crow's Nest, 9 Verandah Deck, 6 Forward Outside Deck, 3 Bow, 4
10:30am	ON LOCATION Panama Canal Crocodile Swim Take the Plunge into the murky waters and brave the elements and crocodiles of our outside pool and receive an achievement certificate as proof of your bravery of swimming the Panama Canal.	Sea View Pool, 8 aft
10:30am	Complimentary Gaming Lessons: Mini Baccarat	Casino, 5
10:30am	ON LOCATION Cooking Demo: Flavors of Central America Join Culinary Arts Center Host Donna as she shows you how to make traditional Beans and Rice	Culinary Arts Center, 4
10:30am	ON LOCATION Passing by Gamboa	
10:30am	ON LOCATION Panamanian Market Join your culinary and beverage teams as they prepare authentic foods and drinks as we transit the Panama Canal	Lido Midship, 8

PLEASE NOTE THAT ALL TRANSIT TIMES ARE APPROXIMATE

<input type="checkbox"/>	1:00pm	\$20 Slot Tournament , Win up to \$500 Round 1	Casino, 5
<input type="checkbox"/>	1:40pm	ON LOCATION Arrive at Pedro Miguel Locks	
<input type="checkbox"/>	2:00pm	FOOT CLINIC	Fitness Centre, 8
<input type="checkbox"/>	2:00pm	Card/ Game Players Meet	Hudson Room, 5
<input type="checkbox"/>	2:00pm	Acupuncture Seminar: Insomnia & Stress	Piano bar 5
<input type="checkbox"/>	2:00pm-2:30pm	ON LOCATION Iced Tea, Lemonade, Fruit Skewers & Cold Faced Towels	Crow's Nest, 9 Verandah Deck, 6 Forward Outside Deck, 3 Bow, 4
<input type="checkbox"/>	2:20pm	ON LOCATION Departing Pedro Miguel Locks	
<input type="checkbox"/>	2:30pm	\$60 Texas Hold'em Tournament	Casino, 5
<input type="checkbox"/>	2:45pm	ON LOCATION Arrive at Miraflores Locks	
<input type="checkbox"/>	3:00pm	Pickle Ball Players Meet Un Hosted	Sports Court, 9 aft
<input type="checkbox"/>	3:00pm	Afternoon Tea	Dining Room, 4
<input type="checkbox"/>	3:45pm	ON LOCATION Departing Miraflores Locks	
<input type="checkbox"/>	4:00pm	Friends of Bill W. Meet	The Loft, 9
<input type="checkbox"/>	4:00pm	Fitness Class: Core Conditioning Pilates Fee Applies	Fitness Center, 8
<input type="checkbox"/>	4:00pm	\$15,000 Jackpot Bingo \$25 for three cards, \$35 for six cards & \$5 For Add on Card.	Queen's Lounge, 4
<input type="checkbox"/>	4:30pm	Get Creative with Photo Gallery Learn how to create photo collages, panoramic photos, and fuse photos together in Photo Gallery.	Digital Workshop, 5
<input type="checkbox"/>	4:30pm	Foodie Fight: Ancient Food Trivia with Culinary Arts Center Host Donna	Piano Bar, 5
<input type="checkbox"/>	5:00pm	ON LOCATION Departing Balboa	
<input type="checkbox"/>	5:00pm	Fitness Class: Total Body Conditioning	Fitness Center, 8
<input type="checkbox"/>	5:00pm-8:00pm	Uniquely yours Art Exhibition: Visually indulge in the colors and hues of this one-time only, all one-of-a-kind exhibition	Art Gallery, 4
<input type="checkbox"/>	5:30pm	Learn to Navigate Windows 10 Discover new ways to get around in Windows 10 and the great things you can do with the new features and options.	Digital Workshop, 5
<input type="checkbox"/>	7:00pm	LGBT Get Together	Crow's Nest, 9
<input type="checkbox"/>	7:30pm	Pub Trivia with Show Host Joey	Piano Bar, 5
<input type="checkbox"/>	8:00pm	SHOWTIME: Terry Davies a tribute to Billy Joel and Elton John featuring ABBA Fab	Queen's Lounge, 4 & 5
<input type="checkbox"/>	9:00pm	Texas Hold'em Cash Game \$1/\$2 No Limit	Casino, 5
<input type="checkbox"/>	9:00pm	Latin Night with Show Host Joey	Crow's Nest, 9
<input type="checkbox"/>	9:00pm	Piano Bar Entertainer Don Takes your Request	Piano Bar, 5
<input type="checkbox"/>	10:00pm	Cigars and Cognac Under the Stars	Sea View Bar, 8 aft
<input type="checkbox"/>	10:00pm	SHOWTIME: Terry Davies a tribute to Billy Joel and Elton John featuring ABBA Fab	Queen's Lounge, 4 & 5
<input type="checkbox"/>	10:00pm	Music, Requests & Fun with Piano Bar Entertainer Don	Piano Bar, 5
<input type="checkbox"/>	11:30pm	Late Night Grooves with Show Host Joey	Crow's Nest, 9

TODAY'S MOVIE

The Tailor of Panama

6:00pm & 9:30pm

WAJANG THEATER, 4

Starring: Pierce Brosnan, Geoffrey Rush and Jamie Lee Curtis

Drama | Rated R | 1 hour & 50 minutes

A tailor living in Panama reluctantly becomes a spy for a British agent.

This Movie will be replayed on your stateroom televisions tomorrow.

SERVICES

LOCATION	HOURS	DECK
Art Gallery	11a-1p, 5p-8p	4
Explorations Café	8a-10p	5
Fitness Center	6a-9p	8
Future Cruise Consults.	2p-6p	5
Greenhouse Spa	8a-10p	8
Location Guide	10a-12n	9
Medical Center	9a-12n, 3p-6	1
Photo Gallery	5p-10:30p	4
Pools	7a-9p	8
Hot Tubs	8a-10p	
Port Shopping Ambassador	4p-5:30p	5
Shore Excursions Desk	9a-12n, 2p-5p	4
The Shops of Holland America	9a-11:30a	5

ONBOARD OPPORTUNITIES



Panama Canal Deck Sale

Start your Panama Canal adventure at our Panama Canal Deck Sale. Discover great locally-made souvenirs at amazing savings.

8:00am - 1:00pm
Lido, 8 midship

MERABELLA LUXURY BOUTIQUE

Complimentary Jewelry Cleaning
Visit Merabella Luxury Boutique to get all your jewelry sparkling like the day you bought it.

11:00am - 2:00pm
Merabella Luxury Boutique, 5



TODAY'S SPA SPECIAL ACUPUNCTURE

Did you know acupuncture has been around for thousands of years and can be used to treat a wide variety of ailments? Visit Onboard Acupuncturist Sun today for a complimentary consultation and find out how acupuncture can benefit you.

Visit the Greenhouse Spa, 8, or dial 94 to schedule an appointment.

PHOTO GALLERY

Panama Canal Photo Opportunity
As we transit through the Panama Canal, our friendly Image Creators will be around the ship and waiting at the locks to capture this unique experience. Don't forget to smile!

Photo Gallery, 4

CASINO

Cashier Opens 9:00am

Tables Open 10:00am

Featured Game: Mini Baccarat 11:00am
Complimentary Gaming Lessons on Mini Baccarat. Learn to play Mini Baccarat & receive a \$5 Match Play Coupon

Today's Tournaments

\$20 Slot Round 1 1:00pm - 2:00pm

\$60 Texas Hold'em 2:30pm

Casino, 5

FUTURE CRUISES

Australia, New Zealand and Asia 2017/2018 Season Announced!

Join us on the ms Noordam, Maasdam and Volendam as we sail to warm climates, exotically beautiful landscapes and diverse cultures. New ports of call in China, Japan, Philippines, and Australia. Many overnight stays and new itineraries being offered. See Megan, your Cruise Consultant, for details and itineraries. Deck 5, aft, next to the Exploration's Café.

PARKWEST GALLERY

Uniquely yours Art Exhibition:

Visually indulge in the colors and hues of this one-time only, all one-of-a-kind exhibition.

10:00am-2:00pm & 5:00pm-8:00pm
Art Gallery, 4